

Ein Od Milvado

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Congregation

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*** 2108 Ocean Parkway Brooklyn, N.Y. 11223 **

Rabbi Aharon Farhi
Parashat ***Behaalotecha***
21st Sivan 5786

Maqam Siga
Issue #1162

Mr. Eliyahu Levy, President
Haftarat ***Roni VeSimhi***
June 6th 2026

*Candle Lighting 8:05pm * Shekiah 8:23pm * Shir Hashirim 7:00pm followed by Minha Friday Night
Shaharit Shabbat 8:15am * Minha Shabbat 7:45pm * Shabbat Ends 9:05pm & Rabbenu Tam 9:35pm
Time for Talit 3:59am * Seasonal Hour 87 * Alot Hashahar 3:42am * Netz Hachama 5:26am
Weekday Minha 7:00pm * Earliest Time for Arbit 7:11pm * Tzet Hacocharim 9:00pm * Chatzot 12:54
Latest Time for Morning Keriat Shema 8:03am * Latest Time for Morning Amidah 9:30am*

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The Jewish people requested meat, and *Hashem* gave it to them. Yet, after He gave it to them, the *Pasuk* says: "The meat was still between their teeth, not yet chewed, and the wrath of *Hashem* flared against them." We must ask: what was their great sin that caused them to be punished so severely? After all, they requested kosher meat in accordance with the law! The answer is: while Bnei Yisrael were in the desert, *Hashem* did not conduct Himself with them through free will; rather, they were punished immediately after every sin. When they sinned with the Golden Calf, it is written: "And *Hashem* struck the people for what they did with the calf." After the incident of the *Meraglim* (spies), it is said: "And the men who brought forth the evil report of the land died by the plague before *Hashem*." After the incident of *Korach*, it is said: "And the earth opened its mouth," etc. And when they spoke against *Hashem* and *Moshe*, it is said: "And *Hashem* sent the fiery serpents among the people." This proves that under this type of guidance, free will was effectively canceled, since punishment arrived instantly. However, when they entered the Land of Israel, *Hashem* left them with free will—every man could do what was right in his own eyes.

Furthermore, the eating of the *Man* (Manna) and its gathering used to reveal their sins. For the *Tzaddikim*, it was found right at their doorway, as ready-to-eat bread. The average people had to go out and gather it just outside their homes, where they found it as cakes. But the wicked had to roam around the desert and search for the *Man*, and for them, it was like whole wheat grains, meaning they had to grind, sift, knead, and bake it with tremendous extra labor. This caused them embarrassment and shame. Therefore, they wanted to abolish the *Man*, knowing that they had permission to purchase livestock from the nations surrounding them, such as *Ammon*, *Moab*, *Edom*, and the lands of *Sihon* and *Og*. In that case, everyone would be equal, and there would be no visible difference between a *Tzaddik* and one who is not. And through this, they would be able to do whatever their hearts desired, and that was their true intention behind asking for meat. *Hashem*, who knows the evil thoughts of their hearts, then became angry with them and punished them. However, *Moshe*, who did not know the hidden secrets of their hearts—since man only sees what is visible to the eyes—viewed the

matter negatively only after they were punished. May *Hashem* protect us, Amen.

Insights on the Parasha

Regarding the Levi'im (Levites) who work in the Bet Hamikdash, it is said: "And from the age of fifty years, he shall return from the service of the work." From here, the Chafetz Chaim notes: This is a hint to people who pass the age of fifty that they should already begin thinking about the *Olam Haba* (World to Come). They should no longer invest all their strength and might into physical labor. Instead, each person should rush to immerse themselves in Torah and good deeds, so that they will be prepared and ready for the day that is entirely Shabbat (eternity). One should prepare provisions for the journey—Mitzvot and good deeds—in order to inherit the World to Come.

History in Brief

220 years after the destruction of the Temple, calendar year 270

Rabbi Yehoshua ben Levi was one of the very first Amora'im (Sages of the Talmudic era) among the Sages of the Land of Israel. Eliyahu Hanabi had already revealed himself to him and promised him and his father, Levi, a portion in the World to Come, and he was the son-in-law of Rabbi Yosi. He is one of three Tzaddikim who recited a Pasuk at the moment of their departure from this world, when Hashem showed them their place and reward in the World to Come. He studied Torah under Rabbi Elazar Hakapar, Bar Kapara, Rabbi Yehuda ben Pedaiyah, and also under Rabbenu Hakadosh (Rabbi Yehuda Hanasi). He was also wealthy. It once happened that Rabbi Chiyya came to his house on a weekday, and Rabbi Yehoshua prepared a feast of 24 cooked dishes before him. His spiritual power was immense; once, he decreed a fast day and rain immediately fell. Eliyahu Hanabi called him the *Gadol Hador*. The Rambam counts him in the list of the Tana'im (Mishnaic Sages). It also happened that he fell ill on Shabbat, and Rabbi Chanina and Rabbi Yochanan instructed that medical remedies be administered to him on Shabbat so that he would not be in danger,

continuing until the conclusion of Shabbat. He possessed an incredible memory and said of himself: "I recognize the Mohel (circumciser) who circumcised me at the time of my Milah." He was also heavily involved in public affairs and traveled to Rome to greet the Emperor along with his colleague, Rabbi Chanina. When they entered king's palace, the king stood up before them. His ministers were astonished, and the king said to them: "I saw that their faces looked like the faces of angels, which is why I stood up before them."

Health and Recovery

Our Sages warn: there should be no talking during a feast, lest food enter the windpipe instead of the esophagus and cause choking. If food or saliva were to enter the lungs, the person's life would be in immediate danger through suffocation. This is a very dangerous junction. An accident at this junction can become a fatal situation at any age without prior warning. Unlike other diseases or sicknesses, even if a person is generally careful, this situation can elevate without symptoms or warning. Sometimes if it happens that food enters the windpipe, with the mercy of Hashem, miraculously the person will be able to immediately cough up the food which is pushed out of the trachea and the danger of suffocation will be prevented. The rule is that the more you chew the better you will be able to digest your food, both through being well crushed and along with the saliva of the mouth that mixes with it and breaks it down further. It is important to know that if you eat healthy foods, in the proper amount with the desired form of chewing, the chances are that the overall desire to eat more and snack more will decrease, and the feeling of fullness will satisfy you. The right way is to eat a little at a time, and then in a short time you will feel a tremendous change in your feelings of hunger. It is the desire to fill the belly that causes most patients to become sick, according to the writings of the Rambam. You should know that carbohydrates are mainly broken down in the mouth with saliva. Therefore, continuous chewing of carbohydrates is done in the mouth through saliva and thus it is very important to chew

thoroughly because it causes the maximum breakdown of carbohydrates, which will then produce the maximum benefit to the body from the food.

Mussar: Life

Do you wish to live in peace and tranquility? Do not become accustomed to the physical enjoyments of this world. If Hashem has blessed you with wealth and prosperity, do not spoil yourself or teach your family to require higher standards of living, complete with the much desired enjoyments of this world. We do not know what tomorrow will bring. If one becomes accustomed to higher standards, he will require it. A child will feel a great need to satiate this requirement even in his old age. If the child is raised in such a fashion but cannot fulfill this higher standard later in life, he may be led to theft. He will live in pain if he cannot continue living the way he has become accustomed to when he was growing up. One must be happy and satisfied with what he has and needs, and should teach himself control and discipline, for then he will be praised in this world and in the next. One should despise the physical and mundane enjoyments that this world tries to force a person to chase after, for the pleasure is momentary while the destruction caused can be catastrophic and long lasting. Desire the true life! Chase after the life of Torah, Mitzvot, and good deeds. Serve your Creator and present a wonderful fragrance before Him through your deeds. Don't waste your precious life with foolish silliness while chasing after your desires. Perform the will of Hashem with all of your might and ability. Do not cease from learning His laws and commandments, and structure your day to include a set of uncompromised time for Torah study. One who follows this advice will merit a truly wealthy life of health, happiness, and longevity, Amen.

Rishon LeTzion -Maran Chacham Ovadia Yosef (1921–2013)

In the year 1954, when Maran was 33 years old, he fell ill and was in great danger. All of this occurred after he and his rulings were attacked by the Chachamim and people of Baghdad for ruling against the Ben Ish Chai.

Maran was bedridden, and his wife, the Rabbanit Margalit tended to him with utter self-sacrifice. She did not allow a single visitor to enter the Chacham's room, and she constantly gave him encouragement. At that same time, our teacher wanted to print his very first book, *Yabia Omer*. He needed to pay 200 liras for the printing costs, but he did not have it and was deeply distressed. He would say, "Here I am about to die, and who will print this book?" Immediately, the Rabbanit pulled out 200 liras that she had been saving for ten years by giving up unnecessary things and hiding the money in secret, even from her husband. She gave it to him so he could print the first volume of his book. Once he sold it, he printed the second volume, then the third, and so on. His books were received with great admiration by the greatest Chachamim, such as Rabbi Uziel (the Rishon LeZion at the time), Rabbi Ezra Attia, Rabbi Shalom Messas, Rabbi Eliezer Waldenberg, Rabbi Ben Zion Abba Shaul, Chacham Yosef Ades, Chacham Shalom Elyashiv, Rabbi Meir Lau, and Rabbi Menashe Klein, of blessed memory.

Holocaust History - The Jews of the Greek Island of Crete

During World War II, Hitler decided to conquer Greece as well as Crete, which was under Greek rule. The Germans lost hundreds of paratroopers in that battle in the year 1941, and the island became known as "The Cemetery of the German Paratroopers." The number of Jews at that time was 365 souls. A few Jewish families managed to leave the island with the assistance of the righteous nations of the world. At the end of the Hebrew month of Iyar in 1944, the remaining Jews were arrested and placed on a ship called the *S.S Tanais* on their way to imprisonment until their eventual deportation to the Auschwitz extermination camp. On the 18th of Sivan, 1944, while the ship was out at sea carrying 265 Jews alongside Italian prisoners of war, it was torpedoed and sunk by a British submarine, which suspected it of being a German warship. All of its passengers perished. With this, the end came upon the vast majority of the Jewish community that had lived there. Only eight of them survived

the harsh and terrible waters of the war and remained in Athens until their immigration to the Land of Israel in the year 1955. May Hashem avenge their blood, Amen.

Laws

- 1- Upon waking up in the morning, recite Birkot Hashahar, saying each word clearly with concentration on the meaning, so that the prayers can reach Hashem directly and have the best impact.
- 2- Try to recite Petihat Eliyahu each day as well as the Akedat Yitzchak.
- 3- Afterwards continue with reciting the Tamid, Ketoret, Maamar Abaye, Ezehu Mekuman, until Hashem Melech.
- 4- The Zohar explains how reciting Pitum Haketoret each day protects a person from sicknesses, damages, and in some ways can be more powerful than the actual Tefillah itself.
- 5- Rebi Shimon Bar Yohai says, if people would be aware of the greatness of reciting Pitum Haketoret, they would take each letter and place it like a golden crown on their head, because of its amazing effect in this world and in the next world.

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and grant success in all areas Amen *** **Mrs. Bella Daniel and her children.** Blessing and success for the entire family, Amen. *** **Mr. David Nahum, his wife Soura and their children.** Blessings and success for the entire family, Leilui Nishmat his mother **Ayala Bat Rima a"h,** Amen. *** **Mr. Shimon Katri, his wife Yola and their children.** Blessings and success for the entire family, Leilui Nishmat **Yaakob Ben Nazira a"h,** and Leilui Nishmat **Toune Panhous Bat Sbachya a"h,** and Leilui Nishmat **Nahlieh Bat Tira a"h,** and Leilui Nishmat **Nazli Bat Tira a"h,** and Leilui Nishmat **Shafika Bat Rachel a"h** Amen. *** **Mrs. Rosie Alkada, her husband Dani Khaski their children.** Blessings and success for the entire family, Leilui Nishmat her mother **Rachel Bat Badrieh a"h,** Amen. *** **Mr. Albert Shaya, his wife Shoshana, and their children.** Blessings and success for the entire family, Leilui Nishmat his father **Moshe Ben Miriam a"h,** Amen. *** **Mr. Victor Harari and his brothers.** Blessings and success for the entire family, Leilui Nishmat their mother **Janet Bat Zakieh a"h,** Amen. *** **Mrs. Nina Saade and her blessed children: Yosef, Jack, Ziko, Sofia, Dolly, and Karen.** Blessings and success for the entire family, Leilui Nishmat their father **Avraham Saade Ben Shafiah a"h,** Amen. *** **Mrs. Brenda Heffez and her blessed children: Larry, Gabriel, and Jack.** Blessings and success for the entire family, Leilui Nishmat their father **Avraham Ben Dora a"h,** Amen. *** **Mrs. Norma Assa and her children.** Blessings and success for the entire family, Leilui Nishmat her husband and their father the Shochet **Hacham Yosef Ben Najla a"h,** Amen. *** **Mr. Shahoud Mishanieh, his wife Nadia and their children.** Blessing and success and health for the entire family, Mazal Tob to their son **Mr. Moshe, his wife Nadia, father of the baby boy Mr. Charles and his wife Rashel** Mabrouk, Amen

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