

Congregation



*** 2108 Ocean Parkway Brooklyn, N.Y. 11223 ***

Rabbi Aharon Farhi

*Parashat **Bamidbar***

4th Sivan 5785

Maqam Husseni

Issue #1120

Mr. Eliyahu Levy, President

*Haftarat **Vayhi Mispar***

May 31st 2025

*Candle Lighting **8:01pm** * Shekiah **8:19pm** * Shir Hashirim **7:00pm** followed by Minha Friday Night
Shaharit Shabbat **8:15am** * Minha Shabbat **7:45pm** * Shabbat Ends **9:02pm** & Rabbenu Tam **9:32pm**
Time for Talit **4:02am** * Seasonal Hour **86** * Alot Hashahar **3:45am** * Netz Hachama **5:28am**
Weekday Minha **7:00pm** * Earliest Time for Arbit **7:10pm** * Tzet Hacoachavim **8:57pm** * Chatzot **12:53**
Latest Time for Morning Keriat Shema **8:03am** * Latest Time for Morning Amidah **9:29am**
Minyan Shaharit every weekday morning in Beth Yosef at **6:00am***

***** Shavuot *****

Sunday Night June 1st / 6th Sivan – Tuesday June 3rd / 7th Sivan

*Candle Lighting Sunday Night **8:02pm** * Shekiah **8:20pm** * Minha **7:30pm**
Tikun Reading Shavuot Night **11:30pm** * Shaharit First Day **3:44am** * Time for Talit **4:01am**
Azharot Reading in Arabic Monday First Day **6:30pm** followed by Minha First Day **8:00pm**
Candle Lighting Monday Second Night Before Kiddush **8:58pm** * Shaharit Tuesday 2nd Day **8:15am**
Azharot Reading Tuesday 2nd Day **6:30pm** * Minha 2nd Day **8:00pm** * Shavuot Ends **9:04pm***

Parashat *Naso*

11th Sivan 5785

Maqam Raast

Haftarat *Vayhi Eish*

June 7th 2025

*Candle Lighting **8:06pm** * Shekiah **8:24pm** * Shir Hashirim **7:00pm** followed by Minha Friday Night
Shaharit Shabbat **8:15am** * Minha Shabbat **8:15pm** * Shabbat Ends **9:06pm** & Rabbenu Tam **9:36pm**
Time for Talit **3:59am** * Seasonal Hour **87:00** * Alot Hashahar **3:41am** * Netz Hachama **5:26am**
Weekday Minha **7:00pm** * Earliest Time for Arbit **7:14pm** * Tzet Hacoachavim **9:01pm** * Chatzot **12:54**
Latest Time for Morning Keriat Shema **8:02am** * Latest Time for Morning Amidah **9:29am***

Those who wish to contact Rabbi Aharon Farhi can call (646) 552-3412

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**Vaad Tehilim Torah c/o R' A. Farhi
2415 Ocean Parkway, Brooklyn NY 11235**

Please do not read this bulletin during Tefillah or Keriat Hatorah

Megillat Rut: We read Megillat Rut during Shavuot, which speaks about two sisters, Orpah and Rut, both princesses, daughters of Eglon the king of Moab. They both lost their husbands, did not have children, and were destitute. As they were experiencing terrible poverty, their mother-in-law Naomi advised them to return to their people and be cared for by their family. She did not have any other sons to give them as a husband, and there was nothing left for them to remain with her. However, they did not want to leave her, and so they cried with her until they were weak

from crying. After forty paces, the difference occurred. Orpah broke from the pressure and decided to return to her father's house, while Rut remained firm and stayed with Naomi. Rut wanted to remain with Naomi, who was Jewish, and resolved to join the nation and be Jewish as well. She did not want to live if she could not be Jewish, no matter the hardships. What was the difference between these two sisters? Rut persevered, while Orpah crumbled to pressure. What was their future? From Orpah came a terrible descendant named Goliath, who blasphemed Hashem's name and

threatened the Jewish nation, while from Rut came the great David Hamelech, the dynasty of kings and the future Moshiach. Rut understood that she would not be able to marry a Jewish man, as she told Boaz that she was less than one of his maidservants, who would become Jewish upon being freed and be able to marry a Jewish man, while she at the time as a Moabite woman would not be able to, as it was before the Halacha was clarified that this only applied to males from Moab and not females. She was prepared to remain widowed and single, living in terrible poverty, without children, just so that she could stay with the Jewish people. This is the essence of accepting the Torah, through sacrifice and for the sake of Heaven. This is why we read Megillat Rut during Shavuot. We have to be prepared to give up everything in this world for Torah, to stand up to the harshest of tests that challenge our resolve, and be ready to sacrifice it all, if we want to really merit receiving the Torah. Rut merited great longevity, as she was given the honor to sit on a special chair to witness the great holiday that her descendant Shelomo Hamelech celebrated in honor of the building of the Bet Hamikdash. From here we learn that through sacrifice and challenges we are given the opportunity to become authentic servants of Hashem and grow greater in spirituality. We have to recognize that the life, the understanding, the health, and all the resources we are given from heaven is all in order to give us the tools we need in order to grow in our service to Hashem and so that we spend our time learning Torah. May Hashem watch over us, Amen.

The Holiday of Shavuot

The month of Sivan is very special, because it is the month in which we celebrate Shavuot, the Holiday of Matan Torah, receiving the Torah. We have to rejoice on this day more than any other time, as we merit our portion of Torah. Hashem judges the fruit of the tree, meaning the souls which are the fruit from

Hashem, while on Rosh Hashanah Hashem judges our bodies. Shavuot falls out during the week of Parashat Bamidbar, to teach us to be like a desert, void of everything except dust, dirt, and sand, meaning we must also learn to live without material needs, without excuses, without desires, in order to merit the crown of Torah. We must consider ourselves like the desert, composed of only sand and dirt, whose only true value is the Torah. The Torah gives us morals, ethics, real value, and crowns us with glory. Our body is like a jewelry box that contains a priceless and exquisite rare stone, our soul. Without the value within, the casing is insignificant. What is the value of a soul? The Torah, Mitzvot, and Middot Tovot that the body achieves for the soul. Without these achievements, a person is no more than the dust of the desert. May Hashem watch over us, Amen.

History in Brief

200 years after the Hurban, calendar year 270. As the Tanaim and Sages of Israel were engrossed in learning Torah, the great Yeshiva in Babel Iraq grew and flourished. Some returned from Babel to Jerusalem, but the majority remained in Iraq, where they learned Torah in the city Neherdea along the Nahar Perat, as well as in the city Pumpedita. The Jews in Babel became wealthy, so Rabbenu Hakadosh asked Rebi Yishmael son of Rebi Yossi, why did they merit the wealth? He answered, because they honored the Torah. They established leaders from the house of David Hamelech who served as kings with great power to judge the people, independent from Israel. When Torah was forgotten from Israel, Ezra HaSofer went up from Babel to Israel to reestablish Torah in Israel. When it was forgotten again, Hillel Hazaken went up to reestablish it. When again it was forgotten for a third time, Rebi Chiya and his sons went up to Israel to reestablish it. Days came when the Torah in Israel diminished to the point that they didn't even have anyone on the level of teaching children Torah. As their deeds

became twisted and crooked, they were inflicted with sicknesses and hunger. The Sages of Babel then came and restored Israel back to its glory with Torah, to the point that they said one Sage in Israel was as great as two Sages in Babel. But, when Rava went to Israel, he said that one Sage from Babel was greater than two Sages from Israel.

Health and Recovery

1- Older people advancing in age must keep physically active in order to maintain proper body temperature and health. They must, however, be careful to never over-exert themselves. 2- What is exercise? Any activity that will cause your respiration to become irregular. 3- The best time to exercise is in the evening after digesting dinner. 4- It's good to smear oil on the body before exercising. One should start slowly, gradually increase speed, and then when the body sweats enough and he begins to feel tired, he should slow down and conclude the exercise session. 5- After completing the exercise, he should again smear himself with oil.

Mussar: Success

Tithing your income for the sake of charity and holy causes will bring you success without loss. One should cling to those who are successful and you too shall be successful. Blessing is found amongst what is hidden from the eye. Success is heaven sent. One who is not immediately successful should try harder. Toiling in Torah is a Segulah for success. One should place bread upon his table while reciting Birkat Hamazon in order to be successful. A house, child, and wife bring success to a man. One who divorces his wife loses his success. Pleasuring a Torah scholar will bring you success. Always being happy and not bearing the worries of the world unnecessarily upon your mind will bring you success. Honor those who are in their prime and you will share their success. Lies cause a woman pain during pregnancy. Those that accept the exile upon themselves benefit a

Segulah for pregnancy. It is likewise a Segulah for pregnancy and for a baby boy if a woman looks at the knife of Milah after the performance of a circumcision. Drinking olive oil is also a Segulah for pregnancy. May Hashem watch over us, Amen.

Rishon LeSion:

Maran Hacham Ovadia Yossef 1921-2013

Gaon R' Shalom Cohen zt"l would tell his students: Every day, during lunchtime, Hacham Ovadia would quickly eat some bread with margarine that he brought from home and then return to his learning. He ate the same simple thing every day, what most people would not be able to do. He possessed very little in this world and lived extremely modestly, but this world meant nothing to him. All he wanted was to learn Torah, that was his real sustenance and enjoyment. This world was temporary, and he was only interested in eternal service to Hashem. When he was eighteen years old, in 1939, he would visit every Shabbat the Rabbi of Jerusalem, Gaon R' Tzvi Pesach Frank zt"l. When the young Hacham Ovadia would walk in, Gaon Tzvi would stand up tall in his honor, as if standing for his Rebbe, and bring him over to sit next to him. He would tell all those sitting nearby that this young Hacham would one day be the rabbinical leader of the next generation, and he will be the great Posek who decides Halacha, teaches Torah to the masses, and brings people back to Hashem with Teshuvah.

Laws: Shavuot

1 – Shehechyanu is recited on both nights of Shavuot during Kiddush.

2 – Just like Shabbat, one may not eat or even taste anything before reciting Kiddush for Yom Tov, both day and night.

3 – Just like Shabbat, we split the Yom Tov day in half – half for prayer and learning, half for eating and enjoying. We use double loaves, we dress nicely (even nicer than Shabbat), but we do not have Seudah Shelisheet.

4 – One is obligated to eat a meal with bread on Yom Tov, both day and night. If one forgot Ya'aleh Ve'yavo and said *Baruch Atah Hashem*, he completes *Lamedeni Choukecha* and recites it there. If he already said *Boneh Yerushalayim*, then he says there: *Baruch Atah... Ha'olam Asher Natan Yamim Tovim Le'amo Yisrael Lesasson Ulsimcha, Et Yom Chag... Hazeh, Yom Tov Mikrah Kodesh Hazeh, Baruch Atah... Mekadesh Yisrael Vehazemanim.*

5 – However, if one began the next blessing but did not yet say *La'ad Hakel Avinu Malkenu*, then he continues the blessing with the blessing written in Law #4 above. But, if he already said *La'ad Hakel Avinu Malkenu*, then he cannot say anything besides going further and completing the blessing of *Hatov Vehemetiv*.

6 – It is forbidden to create a fire on Yom Tov. It is also forbidden to strike a match; however, one can light a match from an existing flame.

7 – One is prohibited to use an electric lighter on Yom Tov. An oven with an electric lighter may not be lit unless you are using an existing flame.

8 – Electric cannot be turned on or off during Yom Tov. If necessary, a Goy may be told to turn on electric but not to turn off electric or gas.

9 – It is a great Mitzvah to warn the public about the stringencies of riding a bike or skating during Yom Tov.

10 – One who forgot to prepare a fire from before Yom Tov may ask a Goy for assistance. Some are strict.

11 – Once you are done smoking, do not extinguish it in an astray; rather place it on the floor gently.

12 – The Ba'al Shem Tov says that one who does not sleep during the night of Shavuot will have a year free from suffering, with health and success, and he will be blessed with the seventy crowns of blessings of the next world. Netillat Yadayim in Birkot Hashachar and Asher Yatzar are recited only if necessary and applicable. One should read the Azharot during the two days of Shavuot.

Sponsors

*** *Mr. Ezra Maarabi, his wife Rachel, and their parents.* Blessings and success for the

entire family, may Hashem fulfill their hearts prayers, Amen. *** *Mr. Yosef Seadiya, his wife Shella, and their children.* Blessings and success for the entire family, Leilui Nishmat her father *Jack Lalo Ben Esther a"h*, Amen. *** *Mr. David Ballas, his wife Shella, and his siblings: Shlomo, Huder, Yosef, and Shella.* Blessings and success for the entire family, Leilui Nishmat *Evon Bat Nazli a"h*, Leilui Nishmat *Mordechai Ben Kahila a"h*, and Leilui Nishmat *Moshe Ben Evon a"h*, Amen. *** *Mrs. Sophie Chaaya Moghrabi and her children.* Blessings and success for the entire family, Amen. *** *Mr. Shlomo Kastica and his children: Berta, Rebecca, Farha, Paula, Nouri, and Klodi.* Blessings and success for the entire family, Leilui Nishmat their mother *Shafika Bat Badia a"h*, Amen. *** *Dr. Moshe Faour, his wife Shella, and their children.* Blessings and success for the entire family, Leilui Nishmat her mother *Evon Bat Nazli a"h*, Amen. *** *Mr. David Nahum, his wife Soura, and their children.* Blessings and success for the entire family, Leilui Nishmat his father *Moshe Ben Esther a"h*, Leilui Nishmat his mother *Ayala Bat Rima a"h*, and Leilui Nishmat his sister *Chaviva Bat Ayala a"h*, Amen. *** *Mrs. Rina Hamadani and her children.* Blessings and success for the entire family, Amen. *** *Mrs. Olga Zalita and her children: Nissim, Moshe, Shlomo, Nina, Fifi, Leah, and Sarah.* Blessings and success for the entire family, Leilui Nishmat their father *Natan Ben Najla a"h*, Amen. *** *Mrs. Adele Hudeidi and her children.* Blessings and success for the entire family, Leilui Nishmat her husband and their father *Chaim Ben Farha a"h*, Amen. *** *Mr. Edmon Nahum, his wife Lina, and their children.* Blessings and success for the entire family, Leilui Nishmat the pure soul of the young child *Yosef Chaim Ben Olga a"h*, Amen.

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