

Congregation

◆◆◆"Beth Yosef"◆◆◆

*** 2108 Ocean Parkway Brooklyn, N.Y. 11223 ***

Rabbi Aharon Farhi

*Parashat **Behaalotecha***

16th Sivan 5784

Maqam Siga

Issue #1077

Mr. Eliyahu Levy, President

*Haftarat **Roni VeSimhi***

June 22nd 2024

*Candle Lighting 8:12pm * Shekiah 8:30pm * Shir Hashirim 7:00pm followed by Mincha Friday Night
Shaharit Shabbat 8:15am * Mincha Shabbat 7:55pm * Shabbat Ends 9:12pm & Rabbenu Tam 9:42pm
Time for Talit 3:59am * Seasonal Hour 87 * Alot Hashahar 3:42am * Netz Hachama 5:26am
Weekday Mincha 7:00pm * Earliest Time for Arbit 7:18pm * Tzet Hacoachavim 9:07pm * Chatzot 12:58
Latest Time for Morning Keriat Shema 8:03am * Latest Time for Morning Amidah 9:30am*

Those who wish to contact Rabbi Aharon Farhi can call (646) 552-3412

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**Vaad Tehilim Torah c/o R' A. Farhi
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Please do not read this bulletin during Tefillah or Keriat Hatorah

While traveling through the desert, being generously fed with the Man, the heavenly bread, Bnei Yisrael complained for meat. They weren't asking for non-Kosher meat, surely the meat would be prepared according to Halacha, so what was their great sin which caused Hashem to immediately punish them? The truth is, during their travels through the desert, Hashem seemed to judge them quite differently than how we are generally judged. Usually when someone sins, Hashem is graciously patient, and the sinner is given plenty of time to repent and change his ways, enough time to correct the wrongdoing and save himself from punishment and judgment. We are given choice, free will, opportunity, and shown great patience. The generation that traveled through the desert however were treated quite differently, they were witness to the greatest miracles in our nation's history, their choice and free will was limited, and therefore their sins were that much more intensified, deserving of immediate punishment and harsh judgment. After the sin of the Golden Calf, the sin of the Meragelim spies, the episode of Korah and those who assembled with him in sin, in all those situations the punishment came quick, many died as a result, and the lesson was intense. Why? Because they were not yet properly

established as a faithful nation and while the foundation was being set there was no room for marginal error, no luxury of patience, no time for correction to take effect over time, the recourse had to be quick and sharp, until they finally entered the holy land of Israel, settled down as a faithful nation, and returned to a regular life of free will and choice, then possible time for correction after sins, with judgment and punishment graciously delayed through merciful patience. Why did they want meat anyway? What was their issue with the Man? Well, this is quite interesting: the actual delivery of the heavenly bread revealed the spiritual level of each recipient, and those who were on a lower level than others were quite embarrassed from this revelation of truth. A righteous recipient would get hot bread, ready to enjoy. A spiritually moderate recipient would receive dough that required baking before enjoying, and finally the sinners would receive wheat which required much work before enjoying: grinding, kneading, and baking. Many wanted to be done with the public humiliation, so instead of improving their spirituality and using the opportunity to grow closer to Hashem, they asked for meat, permission to purchase animals from the surrounding nations of Ammon, Moab, Edom, and the nations of Sihon and Og. In the eyes of

Moshe the Pasuk says that it was bad, because Moshe only knew that they should not be asking for meat instead of the Mon, but Hashem knows what is truly in the heart and mind of man, what his intentions are, and they were immediately punished. May Hashem watch over us always, Amen.

Insights on the Parasha

1- *From fifty years of age, he shall withdraw from the legion of work... minister with his brethren... to safeguard the charge.* The *Chafetz Chaim* learns from here: When a person reaches the age of fifty, he must minimize his involvement in this world and begin to focus his strength and energy working on the next world, to exponentially grow spiritually, to increase his prayers, his learning, his reading of Tehillim, and his performance of Mitzvot. *He ministered with his brethren to safeguard the charge* - to lead them towards the correct path. We too must realize that after we have lived and learned from experience and hard work, we must then begin to work on others and lead the future generations on the proper path as well.

History in Brief

150 years after the Hurban, calendar year 220. During the times of Rebbe there was a famine. Binyamin the Tzaddik was responsible to manage the charity coffers. One day a poor woman came and asked for some financial support. He swore to her that unfortunately the coffers were currently empty. She explained that if she could not feed her family, she and her seven children would soon die of starvation. He therefore gave her money from his own pocket. Soon after, Binyamin the Tzaddik became deathly ill. The ministering angels asked Hashem, does it not say that saving one person is considered as if saving the whole world? If so, how can Binyamin the Tzaddik who saved eight worlds, the woman and her seven children, now pass away himself at such a young age?

The terrible decree in heaven against him was destroyed and he continued living for an additional twenty-two years afterwards. They would say that nobody spread Torah throughout Bnei Yisrael as successfully as Rabbenu Hakadosh, and indeed some of his students included such great names as: his son Shimon, his son Gamliel, Rebi Chiya, Rebi Oshaya, Rav, Shmuel, Bar Kapara, Rebi Levi, Rebi Yehoshua Ben Levi, Rebi Afes, Rebi Yanai, Rebi Yochanan, Resh Lakish, Rebi Yonatan Ben Amram, Rabah Bar Bar Chana, and many other too numerous to list. All of the greatest Sages in the world at the time were students of Rabbenu Hakadosh. Even Antoninus knew and testified that all of his students were capable of performing resurrection of the dead. They collectively are referred to in the Gemara as *D'bei Rebbe*, as the students of Rebbe. There were two young men who were mute, sons of Rebi Yochanan's sister, who lived in the neighborhood of Rebbe and consistently attended the Shiurim of Rebbe. One day Rebbe prayed for them and they were healed, revealing that they knew Mishnayot and Gemara Shas in entirety.

Health and Recovery

Adam was instructed to eat vegetation, herbs, and fruits, from that which grows forth from the ground. Due to generational decline and sins, after the Great Flood man was instructed to also eat meat from animals, with many laws and guidelines. Because of the food that man eats, many sicknesses develop as a result. It is in our power and is therefore our responsibility to heal our bodies naturally, and we must do so according to our abilities. The body in essence does not need external supplements in order to heal itself, it is designed to do so naturally. What we need to learn is how not to do things that prevent the body from naturally healing itself, and not to directly damage the body. We are the ones that cause the damage and prevent our own healing. A broken bone can heal by itself through rest and the proper

care. The body knows how to heal wounds caused by external factors. Hashem created the body to be self-sufficient. We need to learn how not to damage the body, and not to get in the way of the healing process and allow the body to do what it knows how to do naturally.

Mussar: *Tehillim*

There are many great advantages that are acquired when one reads and learns Tehillim. David Hamelech a"h prayed that every Jew who recites Tehillim will be rewarded greatly, as if he learned through very difficult topics of the Talmud such as Negaim and Aholot, and will be granted a Tikkun for the sin of the Berit (wasted seed, family purity). One who recites Tehillim in public will receive many times the reward. Being accustomed to its recitation will protect you, your loved ones, and your generation from punishments and bad occurrences. Blessings and success will be poured upon you from heaven. Kaddish recited after completing the Tehillim reading with a Minyan will greatly increase the protection from evil and danger. One who wishes to connect his soul to Hashem should take upon himself to read Tehillim. Tehillim is as distinguished as the five books of Moshe Rabbenu. Fortunate is the one who recites Tehillim with song and concentration and not in a rush, for it will then be very pleasant to Hashem. Even if you do not know what you are saying there are still great advantages and merits to obtain. If one is ever in danger, he should recite Tehillim without interruption and with great concentration every day, for then he will develop into a spiritual being that is protected from the harms of the physical world. How great are the ones who pay others and sponsor Tehillim reading! Read Tehillim word by word, letter by letter, and sing it with enjoyment. Understand the meaning of the words. The great *Tzemach Tzedek* says: if people knew the effect that reading Tehillim has in the upper worlds and the power it creates, they would be reading it constantly. Know that Tehillim has the great power to break through the separations between us and Hashem. May we ascend higher and higher, Amen.

Rishon LeSion:

R' Ben-Zion Uziel 1880-1953

From 1939 until 1945, during World War II, six million Jews were murdered in the Holocaust, their blood spilled all across many countries. As the stories of terrible atrocities spread to Israel, R' Uziel declared days of fasting and prayers, his heart especially with the congregation of Salonika, Greece which he loved so much, where he had served as the leading rabbinical authority for years before moving to Israel. Through great heavenly kindness, a Jewish state was established three years after the end of World War II, and R' Uziel helped many Jewish survivors travel and relocate to Israel, to start a new life. Day and night, R' Uziel continued working hard on this mission, depriving himself of rest, sleep, or comfort. His family recognized the need for him to rest, so they turned away those who came to the door, hoping he would not be disturbed and could perhaps sleep a little. When R' Uziel found out, he made sure they could no longer turn people away by declaring that all were welcome to come visit him even without knocking on the door and are granted permission to just enter at any time. Now, all were allowed to just come whenever they wanted and could not be turned away, by R' Uziel's personal instructions.

Story

R' Yehuda and his wife worked very hard hosting and teaching many orphans, some who were unruly, usually with great patience. On occasion, she would be very tired as a result, so that if the children acted disrespectfully one day instead of being more thankful and grateful, she would entertain the idea of turning them away from her home, but her husband would give her the strength to continue. This work was special, the work of Hashem the Creator of the world, to help those in need, those who had nobody else to depend on, as Hashem is the father of orphans and the protector of widows. His wife was consoled with these words and indeed encouraged to continue. When the children grew up to be old enough for marriage, R' Yehuda and his wife would collect money for their wedding

needs and do much more than they were able to in order to help them begin their new life with dignity, honor, respect, and even great excitement. One child, named Yehoshua, whom R' Yehuda and his wife accepted into their household, changed things moving forward.

Laws

1 – Upon waking up in the morning, recite Birkot Hashahar, saying each word clearly with concentration on the meaning, so that the prayers can reach Hashem directly and have the best impact.

2 – Try to recite Petihat Eliyahu each day as well as the Akedat Yitzchak.

3 – Afterwards continue with reciting the Tamid, Ketoret, Maamar Abaye, Ezehu Mekuman, until Hashem Melech.

4 – The Zohar explains how reciting Pitum Haketoret each day protects a person from sicknesses, damages, and in some ways can be more powerful than the actual Tefillah itself.

5 – Rebi Shimon Bar Yohai says, if people would be aware of the greatness of reciting Pitum Haketoret, they would take each letter and place it like a golden crown on their head, because of its amazing effect in this world and in the next world.

Sponsors

*** **Mr. Morris Bawabe, his wife Dolly, and their children.** Blessings and success for the entire family, Mazal Tov to **David Bawabe and his wife Maggie** on the birth of a grandchild, Mabrouk, Amen. *** **Mr. Yosef Ishay, his wife Suzette, and their children.** Blessings and success for the entire family, Mazal Tov to **David Bawabe and his wife Maggie** on the birth of a grandchild, Mabrouk, Amen. *** **Mr. Farah Hamra, his wife Dina, and their children.** Blessings and success for the entire family, Mazal Tov to their grandson **Asher Bagdadi** on his Bar Mitzvah, Mabrouk, Amen. *** **Mr. Yosef Ishay, his wife Suzette, and their children.** Blessings and success for the entire family, Mazal Tov to **Dr. Fouad Bagdadi** and to **Mr. Farah Hamra** on the Bar Mitzvah of their grandson **Asher**, Mabrouk, Amen. *** **Mr.**

Albert Farhi, his wife Rania, and their children. Blessings and success for the entire family, Mazal Tov to the bride and groom **Nissim and Bella**, Mabrouk, Amen. *** **Mr. Mordi Lozie and his family.** Blessings and success for his daughters and their families, wishing a healthy and easy delivery and birth for his daughter **Sarah**, Amen. *** **Mr. Zuki Jrade, his wife Sally, and their children.** Blessings and success for the entire family, Leilui Nishmat the Tzaddik **David Shama Ben Miriam a”h**, Amen. *** **Mr. Yosef Aboudi, his wife Linda, and their children.** Blessings and success for the entire family, Leilui Nishmat their son who passed away at a young age **Avraham Ben Linda a”h**, Amen. *** **Mr. David Kabariti, his wife, and their children.** Blessings and success for the entire family, Leilui Nishmat **Shelomo Ben Rachel a”h**, and Leilui Nishmat **Leah Bat Rosa a”h**, Amen. *** **Mrs. Renee Hamadani and her children.** Blessings, health, and success for the entire family, Amen. *** **Mr. Ezra Shasho HaLevi and his daughters: Lydi, Silva, Noura, and Tova.** Blessings and success for the entire family, Leilui Nishmat his wife and their mother **Nina Sarah Bat Silva Sabout a”h**, Amen. *** **Blessed siblings: Avraham, Morris, Edward, Rimon, Esther, Berta, and Norma, of the Cohen Family.** Blessings and success for the entire family, Leilui Nishmat their mother **Joul Bat Bahie a”h**, Amen. *** **Mrs. Suzi Farhi, her husband David, and their children.** Blessings and success for the entire family, Leilui Nishmat her brother **Avraham Ben Linda a”h**, Amen. *** **Mr. Yosef Zafrani, his wife Eve, and their children.** Blessings and success for the entire family, Mazal Tov to the bride and groom **Nissim and Bella**, Mabrouk, Amen.

*This week's sponsorship total is \$1350
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