

Congregation

◆◆◆"Beth Yosef"◆◆◆

\*\*\* 2108 Ocean Parkway Brooklyn, N.Y. 11223 \*\*\*

**Rabbi Aharon Farhi**

*Parashat **Kedoshim***

3<sup>rd</sup> Iyar 5784

**Mr. Eliyahu Levy, President**

*Maqam Saba Haftarat **Vayhi...Halidrosh***

Issue #1072

May 11<sup>th</sup> 2024

*Candle Lighting 7:43pm \* Shekiah 8:01pm \* Shir Hashirim 7:00pm followed by Minha Friday Night  
Shaharit Shabbat 8:15am \* Minha Shabbat 7:25pm \* Shabbat Ends 8:44pm & Rabbenu Tam 9:14pm  
Time for Talit 4:20am \* Seasonal Hour 83 \* Alot Hashahar 4:03am \* Netz Hachama 5:43am  
Weekday Minha 7:00pm \* Earliest Time for Arbit 6:54pm \* Tzet Hacoachavim 8:39pm \* Chatzot 12:52  
Latest Time for Morning Keriat Shema 8:12am \* Latest Time for Morning Amidah 9:35am*

**Wednesday May 8<sup>th</sup> & Thursday May 9<sup>th</sup> will be Rosh Hodesh Iyar**

*Those who wish to contact Rabbi Aharon Farhi can call (646) 552-3412*

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**Vaad Tehilim Torah c/o R' A. Farhi  
2415 Ocean Parkway, Brooklyn NY 11235**

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As Parashat Kedoshim begins, commanding Bnei Yisrael to be holy, Hashem instructed Moshe to not just speak to Bnei Yisrael, not just to the holy people, the righteous people, and the most religious people of the nation, but rather Hashem instructed Moshe to speak to all within the nation of Bnei Yisrael, *Kol Adat Bnei Yisrael*, because every Jew on every level must recognize that Hashem has commanded every individual to be holy, to the best of their ability, and to constantly, continuously, grow each and every day. Every action we take must be holy, sanctified, for the sake of Hashem. This does not only mean to guard from impurity, this actually refers especially to what we are allowed to do, i.e. eating, drinking, sleeping, getting married. Even when doing regular normal everyday activities, we must realize that there is the proper way to act, and there are also ways how not to act. When we improve our permitted activities, then we are truly reaching levels of holiness. One aspect of holiness is to guard one's eyes from anyone not permitted. There was once a blind musician who was known to perform in weddings in order to earn a living to support his family. He always wore dark sunglasses so that his condition would not be noticeable to the people while he performed. When he was older, deathly ill, and ready to depart this world, he told his family to gather around his bed. He took off

his dark glasses and behold, he wasn't actually blind! He now wanted to look at them all without the dark glasses. He explained that all his life he would perform at weddings, in order to afford food and necessities for his family, but while doing so he wanted to remain holy and not look where he shouldn't. He therefore always wore dark sunglasses to block out his vision, and everyone accepted the fact that he was blind and unable to see. From this story we can learn a powerful lesson, how important it is for us to guard our eyes from what we shouldn't see in order to be holy. May Hashem watch over us, Amen.

### **Insights on the Parasha**

**1- Whatever remains until the third day shall be burned in fire.** This Pasuk refers to sacrificial offerings, however it can also teach that any meat which is slaughtered but left for three days without soaking in water and salting, can no longer be salted and cooked, because the blood would have already congealed and dried within the meat, can no longer be cleaned out through salting, and cannot be cooked, however it can still be roasted over the fire and then eaten, as explained in Shulhan Aruch. Therefore, we can read the Pasuk that unsalted and uncooked meat after three days can only be burned over the fire. (*Kisei Rachamim*)

### ***History in Brief***

*140 years after the Hurban, calendar year 210.* Caesar Antoninus once asked Rabbenu Hakadosh, can a person pray to Hashem every hour of the day? Rebbe answered that a person cannot, and when asked why not, he explained because it appears insincere to pray that often. Antoninus didn't accept the answer. So the next day, Rebbe woke up early and visited the Caesar to wish him a good morning. An hour later he returned to again say hello with good wishes, and he continued doing this every hour until Antoninus asked him to stop, as such behavior seemed unnecessary and therefore was disrespectful to the Caesar. Rebbe made his point, if such was the reaction regarding the respect for flesh and blood, all the more so should we not act in such a way to Hashem, to pray every hour. He also asked: when does a person first receive his soul, when he is in his mother's womb, or only once he leaves his mother's womb and enters the world? Rebbe answered that a person receives his soul while in his mother's womb. Can a piece of meat last even three days without being salted and not spoil? So too the human body cannot last in his mother's womb without a soul. At that time in history, the priests were establishing and strengthening their religion of Christianity, in which they embarrassed the holy day of Shabbat designated from the creation of the world, and instead chose Sunday as their day of rest. Also, they chose to establish their Pesah holiday, known as Easter, on the Sunday after the Jewish holiday of Pesah. In the year 209 there was a great famine in the world. After a number of disasters, the Ceasar decided to decree that all priests under his rule should be destroyed, not leaving behind any of them to continue with their corruption.

### ***Health and Recovery***

There are people who after having just finished a full meal still feel hungry. What is the reason? Researchers looked into the matter to measure the amount of time the brain needs in order to be informed that food has entered the stomach, to know that it is actually full and no longer needs

nourishment. It is known that the brain receives information from various organs of the body through the nerve system. In response, the brain sends out commands, as well as feelings of hunger and satiety. When the person becomes satisfied, it is only after twenty minutes from when food enters the stomach that the brain receives the knowledge and sends the feelings that food has sufficiently filled the stomach. When one sits down to eat, he must take into account that everything he eats in the first twenty minutes of eating does not affect his mind regarding his feelings of hunger and he does not yet understand the effect of the food that has already entered his body. People in the world who understand the culture of eating work with this information by only eating light dishes and appetizers at the beginning of a meal, such as fruits and salad. After twenty minutes, only then do they start the main course of the meal. This is indeed the eating process according to the Rambam's opinion - to first eat lightly in order to begin the digestion process, and in this way, after the brain has received knowledge that it has food in the stomach, the rest of the meal continues reasonably without the feelings of hunger. If a person still feels hungry, it is recommended to put something in his mouth that requires a lot of chewing, such as a piece of raw carrot, and to chew it well, so that the stomach will receive the saliva that it is lacking, and thereby relax from the feelings of hunger.

### ***Mussar: Nervousness, Anxiety, Depression***

These are terrible characteristics that can be much worse than regular diseases. They can actually cause serious diseases as well. These characteristics destroy one's life completely and make everything seem very bitter. Such a character brings upon himself feelings of tremendous discomfort. There is no difference between day or night; there is only pain. Everyone must work hard on their character in order to uproot every bit of these from their system. This shall prove beneficial for both the spiritual and physical being. His health will miraculously start to improve. He will merit a long life of happiness and goodness. His life will

seem *on-track*, as success on this world is given to those who are calm and patient. Everyone has problems and difficulties in life when things do not seem to go as planned. What makes one person different than the next is the way he accepts the hardships and deals with them. If one has problems with his wife, his children, his business, or his health, these problems can completely destroy you! However, one who has a little bit of logic should realize how important it is to be calm and patient, and never become nervous or angry. One should pause and speak to Hashem, asking Him for help and success. Tell Him your problems and form a healthy bond that will lead you to happiness. Be faithful and trusting in Hashem, and never get nervous and angry, especially over things that are really anyway not worth the pain. May Hashem watch over us, Amen.

### **Rishon LeSion:**

#### ***R' Ben-Zion Uziel 1880-1953***

After World War I, in 1920 R' Uziel was asked to become the Rabbinic authority for the Jews in the large city of Thessaloniki (Salonika, Greece) and he agreed. At the time, this city was mostly run and occupied by Jews, so that during Shabbat the businesses were closed, the streets were quiet, and the restful feeling of Shabbat was in the air. Unfortunately, at this time some of their religious ideological strengths were being challenged, some even started to conduct business during Shabbat, and R' Uziel would not rest or remain quiet until he succeeded in preserving the sanctity of Shabbat and defeated the threat against their religious observance. Even their holy curriculum in the Yeshivot was starting to be challenged, as a few day schools opened in order to educate students with a very diluted understanding of how to live the life of a Jew. R' Uziel fought hard against the changes to their Jewish education.

### ***Story***

Yeshaya, whose son was unable to speak, after hearing the miraculous story from the mouth of a boy named Mordechai who also was unable to speak but had been blessed with salvation after

visiting a holy Rebbe Yisrael, he too wished to travel to the Rebbe and receive a blessing for his son so that they could experience such a miracle. Generally speaking, Yeshaya was not someone who usually visited holy Rebbes, and was in fact opposed to the idea. He didn't like the concept of paying money in exchange for redemption, for the advice and blessings of a Rebbe. Nonetheless, he was desperate, and after hearing the miraculous story, he swallowed his pride and agreed to go visit the Rebbe for a blessing. Before leaving his home, he instructed his wife to prepare a party in order to celebrate their son's miracle which he was sure they would experience after visiting the Rebbe. When he reached the city, he declined the invitations of Hachnassat Orchim, hospitality extended to him from the local Jews, students of the Rebbe, and since he was a wealthy man, he only stayed in the most luxurious hotel. He prepared what he would say to the Rebbe on the following day when he went in to meet him for a blessing. The next day, when it was his turn to walk in to the Rebbe's study, he held his son's hand and together they entered. With tears streaming down his cheeks, he explained their unfortunate situation and asked for the Rebbe's guidance and blessing. The Rebbe listened to the father, looked at the boy, and then explained that nothing would be done, the boy did not need a miracle, he would remain as he is. The wealthy man's shoulders sank, and his body began to drop along with his hopes and dreams.

### ***Laws: Pidyon HaBen***

- 1** – When a firstborn is birthed through caesarean procedure, the father is exempt from redeeming him. The next child also does not require Pidyon HaBen redemption.
- 2** – Even if the firstborn through caesarean does not live for at least thirty days, the second child still does not require redemption.
- 3** – If the doctor used an instrument to help pull the baby out, then a blessing should not be said on the Pidyon. However, one who does recite a blessing has what to rely upon.
- 4** – If the doctor widened the birth canal, this does not invalidate the Pidyon in any way.

5 – A doctor that used a device that pumps and vacuums in order to assist with the birth, this does not invalidate the Pidyon in any way.

6 – A woman that became pregnant artificially from her husband, with the approval of a Hacham, and gives birth to a firstborn son, the father is obligated to perform the Pidyon. If the father is unknown, then the son must redeem himself when he grows older.

#### *Sponsors*

\*\*\* **Mr. Taleb Hara, his wife Becky, and their children.** Blessings and success for the entire family, Refuah Shelemah for **Becky**, Mazal Tov to **Morris and Sarit** on the birth of a son, Mabrouk, Amen. \*\*\* **Mr. Edward Cohen, his wife Kamo, and their children.** Blessings and success for the entire family, Mazal Tov to the great grandfather **Hacham Aharon Farhi and his wife Esther**, and to the grandfather **Mr. Soli Araman and his wife Vicky**, on the birth of a baby boy, Mabrouk, Amen. \*\*\* Sandak Grandfather **Mr. Soli Araman, his wife Vicky, and their children.** Blessings and success for the entire family, Mazal Tov to their son **Joey and his wife Julie** on the birth of a son **Soli**, Mabrouk, Amen. \*\*\* **Mr. Joey Araman, his wife Julie, and their children.** Blessings and success for the entire family, Mazal Tov on the birth of a son, **Soli**, Mabrouk, Amen. \*\*\* **Mr. Mordechai Allaham HaCohen, his wife Louzet, and their children.** Blessings and success for the entire family, Mazal Tov to the **Araman Family and the Cohen Family** on the birth of a boy, Mabrouk, Amen. \*\*\* **Mr. Joey Eliyahu Levy, his wife Raizy, and their children.** Blessings and success for the entire family, Mazal Tov to the **Araman Family and the Cohen Family** on the birth of a boy, Mabrouk, Amen. \*\*\* **Dr. Fouad Albakdadi, his wife Touni Mazal, and their children.** Blessings and success for the entire family, Mazal Tov to the **Araman Family and the Cohen Family** on the birth of a boy, Mabrouk, Amen. \*\*\* Hazzan Hanaim **Eliezer Shrem, his wife Bella, and their families.** Blessings and success for the entire family, Amen. \*\*\* **Mr. Farah Hamra, his wife Dina, and their children.** Blessings and success for the

entire family, Mazal Tov to the **Araman Family and the Cohen Family** on the birth of a boy, Mazal Tov to the **Khafif Family** on the birth of a girl, Mabrouk, Amen. \*\*\* **Mr. Mordechai Allaham HaCohen, his wife Louzet, and their children.** Blessings and success for the entire family, Mazal Tov to **Mr. Isaac Kbabie and his wife Berta** on the birth of a son, Mabrouk, Amen. \*\*\* **Mrs. Evon Alhalabi Bawabe, her husband Eli, and their children.** Blessings and success for the entire family, Leilui Nishmat her mother **Simcha Bat Mazal a”h**, Amen. \*\*\* **Dr. Fouad Albakdadi, his wife Touni Mazal, and their children.** Blessings and success for the entire family, Leilui Nishmat her brother **Saleh Ben Hasiba a”h**, Amen. \*\*\* **Mrs. Kita Bawabe Dwek, her brothers and sisters, and their families.** Blessings and success for the entire family, Leilui Nishmat their mother **Simcha Bat Mazal a”h**, Amen. \*\*\* **Mr. Ezra Shasho HaLevi and his daughters: Lydi, Silva, Noura, and Tova.** Blessings and success for the entire family, Leilui Nishmat his wife and their mother **Nina Sarah Bat Silva Sabour a”h**, Amen. \*\*\* **Blessed siblings: Avraham, Morris, Edward, Rimon, Esther, Berta, and Norma, of the Cohen Family.** Blessings and success for the entire family, Leilui Nishmat their mother **Joul Bat Bahie a”h**, Amen. \*\*\* **Mrs. Suzi Farhi, her husband David, and their children.** Blessings and success for the entire family, Leilui Nishmat her brother **Avraham Ben Linda a”h**, Amen. \*\*\* **Mrs. Tania Antabi and her son Soly Shaalo, and their children.** Blessings and success for the entire family, Leilui Nishmat her mother **Linda Bat Tera Esther a”h**, Amen. \*\*\* **Blessed siblings: David, Leon, and Albert of the Farhi Family.** Blessings and success for the entire family, Mazal Tov to the **Araman Family and the Cohen Family** on the birth of a boy, Mabrouk, Amen.

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