

Congregation

◆◆◆"Beth Yosef"◆◆◆

*** 2108 Ocean Parkway Brooklyn, N.Y. 11223 ***

Rabbi Aharon Farhi

Mr. Eliyahu Levy, President

Parashat Shelah Lecha

Maqam Nahwand

Haftarat Vayishlah Yehoshua

28th Sivan 5783

Issue #1032

June 17th 2023

*Candle Lighting 8:10pm * Shekiah 8:28pm * Shir Hashirim 7:00pm followed by Mincha Friday Night
Shaharit Shabbat 8:15am * Mincha Shabbat 7:50pm * Shabbat Ends 9:11pm & Rabbenu Tam 9:41pm
Time for Talit 3:58am * Seasonal Hour 87:00 * Alot Hashahar 3:41am * Netz Hachama 5:25am
Weekday Mincha 7:30pm * Earliest Time for Arbit 7:18pm * Tzet Hacoachavim 9:06pm * Chatzot 12:56
Latest Time for Morning Keriat Shema 8:02am * Latest Time for Morning Amidah 9:29am*

Monday and Tuesday will be Rosh Hodesh Tammuz

Those who wish to contact Rabbi Aharon Farhi can call (646) 552-3412

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**Vaad Tehilim Torah c/o R' A. Farhi
2415 Ocean Parkway, Brooklyn NY 11235**

Please do not read this bulletin during Tefillah or Keriat Hatorah

HaGaon Rav Yitzchak Elchanan once told his students: see how great is the sin of a man who does something harmful against his nation! This week we read about the sin of the Meragelim, the Spies. The punishment decreed for this sin was extremely severe, as they and their entire generation were judged and sentenced to die in the desert, never to enter the holy land of Israel, about which they had spoken critically. We know that Hashem already forgave this generation, known as the generation of the desert, on numerous occasions for many other sins, such as the sin of the Golden Calf, the sin of complaining for meat, the sin of Korah and his assembly, and other great sins as well. They were able to repent and attain forgiveness for all those sins – why couldn't they receive atonement for the sin of the Spies who spoke ill of the Promised Land of Israel and for requesting to return to Egypt? Instead of forgiveness, they were all destined to die in the desert. What's more, the Spies themselves died in unusually terrible ways. What is the explanation behind all this severity? We learn from here: For all sins committed between man and Hashem, or between man and his fellow, one can gain forgiveness and atonement. However, if one wrongs the nation as a whole, then he cannot be forgiven, no matter how hard he tries. There is no greater sin than to harm our nation, the holy

nation of Hashem. We are still suffering to this very day from the sin of the Spies. Our long and terrible exile is due to this sin! The only way to bring about the final redemption is to first uproot this sin and correct the issue completely. What was the root of the sin? *Rabbenu Bachye* explains: they feared man, more than they trusted in Hashem's protection, as the giants and the people of Canaan gave them fright enough even to sin and rebel against Hashem, to the point of causing harm and damage to the whole nation for many generations to come. Fearing people and not having faith in Hashem is a direct sin of rebellion against Hashem. Yehoshua and Caleb had warned them not to rebel against Hashem, as David Hamelech says in Tehilim that without fear of Hashem we have nothing. The only way to live is with Emunah and Bitahon, complete trust and faith in Hashem that all is for the best, and we must always follow in the ways of the Torah and fulfill the Mitzvot. That is our path to forgiveness, to redemption, and to Hashem. *Rabbenu Bachya* asks: Why did Moshe Rabbenu not mention Zechut Avot, 'merit of our forefathers', when asking Hashem for forgiveness for the people regarding the sin of the spies, as he mentioned concerning the sin of the golden calf? Moshe believed that Zechut Avot protected our nation at all times, even when facing the sin of the golden calf. However,

when the people disrespected the holy land of inheritance from our patriarchs, he had a concern that perhaps the merit of their patriarchs would not protect them after acting with such disrespect towards them. May Hashem watch over us, Amen.

Insights on the Parasha

Send forth men... let them spy... one man, one man, each from his father's tribe shall you send. It says *one man* twice, once for Yehoshua and once for Caleb, hinting that only those two spies would remain loyal and righteous, removed from the sin committed by the other spies. They are hinted to each separately because each was ready to stand up against all the other spies even if he had to do so alone, one against the rest, without fear, with full conviction of enforcing the truth and fighting for the nation and for Hashem. We must learn from this that we too must always strive to fight for truth and righteousness regardless of the challenge, despite the battle, even if doing so would mean fighting alone against all others, without fear, without hesitation, with clear intention to fight for truth, for Hashem, and for our holy nation.

Public Sanctification of Hashem's Name

Recently Mayor Eric Adams, currently serving as the 110th Mayor of New York City, commented at a gathering and spoke about Jewish private schools, commending their success, saying that New York should be here for them. He understands the value of their education system, he recognizes their success, and that their values should be replicated throughout the other school systems in the city and state. While Anti-Semitism is on the rise and at a high, it is unacceptable, and we must all combat this together for the good of New York. We shouldn't be focusing on finding things to criticize about Yeshivot, we should be recognizing all the things that Jewish schools are doing correctly and copy those things in the other schools so that all children can succeed in similar fashion. We have to respect their faith and beliefs, and produce a generation that has value and respect as well. By having faith in Hashem, that is the way to success. Thanking Hashem for everything is the path to achieving the best results in all schools. We pray in the morning, we kiss the Mezuzah as we enter and leave, and we learn true

values and how to conduct our lives from the Torah. Mayor Eric Adams acknowledged the Jewish way of life, how we raise our children in Yeshiva, and commended us to the point of saying that it is exemplary and New York should be a city and state that believes in Hashem with faith. He blessed the Jewish citizens and encouraged them to continue, to applause and cheers of appreciation.

Health and Recovery

1- Everyone's digestive tract is different and functions differently. **2-** Do not chase after good tasting food which is harmful for you. **3-** Soft foods such as cereals and soups are able to be digested quickly, and their nutrients enter the blood easily. They are then quick to adapt to any part of the body where they can provide quality nourishment. **4-** Cleaner blood generally services the organs on the right side of the body, while the less pure blood services the organs on the left side of the body. **5-** Excessive sweating is a sign of weakness in the body. **6-** Sweat is salty. When one is sick, the sweat becomes saltier, just as the taste of saliva in the mouth changes depending on the sickness. **7-** The persistence of worrying melts the fat in the body and dries the meat. **8-** Enjoying delicacies often decreases the quality of the body's blood. **9-** The following activities causes weakness to the body and a plurality of diseases: the pursuit of women - unrestrained avarice - constant demand of power and authority - being envious of others - one who troubles his mind with thoughts of why others are getting rich while he isn't, why others are happy while he isn't; such thoughts are constantly causing restlessness to the mind, which weakens the body and begins causing a number of diseases.

Mussar: Seclusion with Hashem

Seclusion is a very important trait that is greater than the rest. Seclusion means to devote and dedicate a special frame of time to privately speak with Hashem and ask from Hashem what you need. Speaking with Hashem should be done privately where nobody sees and one should ask Hashem to help him come closer to Him and serve Him better, in the best and optimum way. This conversation with Hashem could be conducted in any language and should express whatever is in

your heart, whether it is regret or repentance for the past, or the intentions to be closer to Hashem from that point on. Every person should come closer to Hashem using the tools Hashem has given him, each on his own level. The key is consistency – every day one should make an effort to draw closer, as this will also make the day into a happier one. Even if a person can only speak about one thing with Hashem, that is also a great thing. He should be strong and steadfast, and he should try to do this a few times during the day. The added result: you will see success and salvation in your kids. These conversations with Hashem help void evil decrees without even knowing about their possibilities. A person must know: a Jewish man's sword is his prayer, as this is the connection between Hashem and man. If you see a change in your daily life, don't say it's a coincidence; rather be a devout believer that it's all from Hashem. Ask from Hashem that you shouldn't be put to test, that you should not experience disgrace due to the Yetzer Hara's strong and sharp strategies against man. Who can withstand them? Pray to Hashem so that He will help and save you from the Yetzer Hara. May Hashem watch over us, Amen.

Rishon LeSion:

R' Yaakov Shaul Elyashar 1817-1906

When the delegation asked R' Shmuel Salant how to respond to the letter that was delivered from the Rebbe of Poland, he instructed them not to answer it. He too believed that it was a forgery sent from the real murderers hoping to cause confusion and shift the guilt away from them, and that the Rebbe of Poland probably knew nothing about this letter. Perhaps this Rebbe didn't even exist in Poland, and the murderers fabricated the name altogether. But what should they do next? Nothing? He instructed them to answer very vaguely, that the leaders of Israel decided not to get involved in the legal and political matters of Poland and other countries at this time. The delegation was convinced, as R' Shmuel had instructed them to act in the exact same way that R' Yaakov had as well. Indeed, a wise man can be more powerful than a prophet. They thanked R' Shmuel and left. When they informed R' Yaakov about what R' Shmuel had said, he was very happy that they both arrived at the same conclusion regarding this

matter. They responded accordingly and the matter was closed that Thursday. The following Shabbat, news spread that R' Yaakov had passed away and his soul returned to the heavenly Yeshiva. Weeks later it was confirmed that the murderers were indeed the ones who forged the letter in an attempt to escape their guilt and sentencing. Motzei Shabbat 28th of Tammuz in 1906, Yerushalayim announced a day of no work so that all in Israel can attend the funeral of R' Yaakov. People traveled from all over Israel to escort R' Yaakov to his resting, and to hear many eulogies in his memory, which spoke of his greatness in Torah, holiness, wisdom, character, and his great work for the sake of the public. May his merits protect us, Amen.

Laws: Shabbat

- 1** – We recite Migdol in Birkat Hamazon on Shabbat instead of Magdil, because it is a higher form of sovereignty. Magdil was written in Tehillim before David was king, while Migdol was written in Prophets after he was already king.
- 2** – On Shabbat we also add Retzeh Vehachalitzenu in Birkat Hamazon.
- 3** – If one forgot Retzeh and remembered before reciting Hashem in Ubeneh Yerushalayim, then he goes back and says Retzeh.
- 4** – If one forgot Retzeh and remembered after reciting Hashem in Ubeneh Yerushalayim but did not finish the blessing, then he ends off with Lamedeni Choukecha and goes back and says Retzeh.
- 6** – If one forgot Retzeh and remembered after reciting Hashem in Ubeneh Yerushalayim and also finished the blessing but did not start the next blessing, then he says as follows: Baruch Atah Hashem... Shenatan Shabbatot LiMenucha Le'amo Yisrael Be'ahava Le'ot U'lberit, Baruch Atah Mekadesh HaShabbat. He then continues with the next blessing.
- 7** – If he already began the fourth blessing with Baruch Atah Hashem, then he can continue with the blessing in law #6, and then continues with the fourth blessing.
- 8** – If he already said La'ad Hakel in the fourth blessing, then he must return to the beginning of the blessing.
- 9** – If he is unsure whether he recited Retzeh, then he does not repeat Birkat Hamazon.
- 10** – Women and men are equal in these laws.

11 – After the Seudah, we keep the salt and leftover bread on the table until after reciting Birkat Hamazon.

12 – One is not allowed to do things while reciting Birkat Hamazon, not even to reposition or collect the plates and cutlery in front of him, and especially isn't allowed to speak or interrupt while reciting Birkat Hamazon. Some hold that an interruption on purpose during Birkat Hamazon completely disqualifies the blessings recited thus far and causes the blessing to be lost and spoken for naught.

Sponsors

*** **Mr. Rafi Sardar HaLevi, his wife Shirly, their parents, and their children.** Blessings and success for the entire family, Amen. *** **Mr. Aslan Zayat, his wife Frieda, and their children.** Blessings and success for the entire family, Amen. *** **Mr. Avraham Abraham, his wife, and their children.** Blessings and success for the entire family, Amen. *** **Mr. Ovadia Shahoud Shakalo, his wife Norma, and his father Mr. Shahoud Abou-Abdo.** Blessings, health, and success for the entire family, Amen. *** **Mr. Rimon Cohen, his wife Rania, and their children.** Blessings and success for the entire family, Mazal Tov to their son **Avraham and his wife Linda** on the birth of a son **Rachamim, Rimon,** Mabrouk, Amen. *** **Mr. Isaac Meni, his wife Rachel, and their children.** Blessings and success for the entire family, Amen. *** **R' Simon Goldstein, his wife Simmy, their parents, and their children.** Blessings and success for the entire family, Amen. *** **Mr. Haim Yehya Allaham HaCohen, his wife Violet, and their children.** Blessings and success for the entire family, the Kahal is invited to join Mishmara for his mother **Badia Bat Rachel a"h** on Shabbat Kodosh Parashat Shelah in Beth Yosef at 6:00pm, Tizku LeMitzvot, Amen. *** Baal Koreh **Mr. Nouri Alkada and his children.** Blessings, health, and success for the entire family, thank Hashem for recovery from his sickness, and may Hashem bless him with a healthy long life, Amen. *** **Mr. Shahoud Mishanie, his wife Nadia, and their children.** Blessings and success for the entire family, Leilui Nishmat his father **Moshe Ben Zakie a"h**, and Leilui Nishmat his mother **Margo Bat Bahie a"h**, Amen. *** **Mr. Mayer Wahba, his wife Pauline, and their children.** Blessings and success for the entire family, Leilui Nishmat his sister **Malka Regina Bat Fortune a"h**, Amen. *** **Mrs. Rosie**

Khaski Kada, Her husband Dani, and their children. Blessings and success for the entire family, Leilui Nishmat her mother **Rachel Bat Badrie a"h**, Amen. *** **Mrs. Tania Antabi and her son Soly Shaalo, and their children.** Blessings and success for the entire family, Leilui Nishmat her mother **Linda Bat Terra Esther a"h**, Amen. *** **Mrs. Eva Khafif Antabi, her husband Shlomo, and their children.** Blessings and success for the entire family, Leilui Nishmat her mother **Linda Bat Terra Esther a"h**, Amen. *** **Blessed siblings: Azar, David, Charlie, Estella, and Arlit of the Halabi Family.** Blessings and success for the entire family, Leilui Nishmat their sister **Sonia Bat Rachel a"h**, Amen. *** **Blessed siblings: Sammy, Seymour, and Renee of the Esses Family.** Blessings and success for the entire family, Leilui Nishmat their father **Ovadia Ben Rina a"h**, Amen. *** **Mr. Toby Cohen, his wife Shella, and their children.** Blessings and success for the entire family, Leilui Nishmat her father **Avraham Ben Badia a"h**, Amen. *** **Mr. Nissim Kassab HaCohen, his wife Maggie, and their children.** Blessings and success for the entire family, Leilui Nishmat his mother **Odette Bat Sofia a"h**, Amen. *** **Mr. Taleb Hara, his wife Becky, and their children.** Blessings and success for the entire family, Refuah Shelemah, Mazal Tov to their son **Victor and his wife Touni**, and **Dr. Albir Fteha and his wife Stella**, for the bride and groom **Charlie and Nancy**, Mabrouk, Amen. *** Hazzan HaNaim **Mr. Eliezer Shrem, his wife Bella, and their children.** Blessings and success for the entire family, Mazal Tov to their son **Isaac and his wife Joyce**, on the birth of a newborn son, Mabrouk, Amen. *** **Mr. Albir Aharon Farhi, his wife Rania, and their children.** Blessings and success for the entire family, Mazal Tov to **Mr. Eli Levy on his 80th birthday**, may he live healthy and strong to 120 years, Mabrouk, Amen.

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