

Congregation

◆◆◆"Beth Yosef"◆◆◆

*** 2108 Ocean Parkway Brooklyn, N.Y. 11223 ***

Rabbi Aharon Farhi

Parashat *Tetzaveh Zachor*

11th Adar 5783

Maqam Siga

Issue #1020

Mr. Eliyahu Levy, President

Haftarat *Vayomer Shmuel*

March 4th 2023

*Candle Lighting 5:31pm * Shekiah 5:49pm * Shir Hashirim 5:30pm followed by Minha Friday Night
Shaharit Shabbat 8:15am * Minha Shabbat 5:15pm * Shabbat Ends 6:32pm & Rabbenu Tam 7:02pm
Time for Talit 5:19am * Seasonal Hour 67:00 * Alot Hashahar 5:06am * Netz Hachama 6:26am
Weekday Minha 5:40pm * Earliest Time for Arbit 5:03pm * Tzet Hacoachavim 6:27pm * Chatzot 12:07
Latest Time for Morning Keriat Shema 8:27am * Latest Time for Morning Amidah 9:34am*

Taanit Esther Monday March 6th Fast Begins 5:03am and Ends 6:20pm Strictly 6:29pm

*Zecher for **Machatzit HaShekel** this year is \$8 USD*

Minha Taanit Esther 5:30pm, Megillah Reading Purim Night 6:00pm

Purim Tuesday Morning Shaharit 6:00am Megillah Reading 6:40am

Megillah Reading for Women 11:45am Please women do not come late

Minha Day of Purim 4:00pm

Those who wish to contact Rabbi Aharon Farhi can call (646) 552-3412

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**Vaad Tehilim Torah c/o R' A. Farhi
2415 Ocean Parkway, Brooklyn NY 11235**

Please do not read this bulletin during Tefillah or Keriat Hatorah

Insights on the Megillah

Achashverosh asked Haman, *what should be done to the man whom the king wishes to honor*. Haman responded by first repeating, *the man whom the king wishes to honor*, and then listed quite a few of his thoughts. Why did he repeat those words? Haman was concerned that Achashverosh wanted to reward Mordechai for saving him from the assassination plot of Bigtan and Teresh. He knew that Achashverosh was *obligated* to reward Mordechai out of appreciation for saving his life, but he knew Achashverosh would only do so as an obligation, not because he wanted to do it. He therefore repeated the words, *whom the king wishes to honor*, to emphasize that his suggestions were not intended for obligatory consideration, but rather for a man whom the king really appreciates on his own, someone he thought such as himself, Haman. When he realized later that it was Mordechai who was rising in glory, his advisers, his family, and his wife

Zeresh warned him that if Mordechai was from Jewish progeny, then this meant very bad consequences for Haman. The question is, they did not yet know that the Jews were the reason for the turn in events. They did not even know that Mordechai was Jewish, as they said, *if he is from Jewish progeny*, 'if' depicting that they didn't know. Why then would they even assume so? They knew something was fueling Mordechai's rise and Haman's fall. They knew Mordechai learned and taught Torah. They knew from history that the power of Torah can overpower all else. If so, they put it all together and assumed Mordechai was Jewish and therefore warned him that his end was imminent, as the Torah has the power to conquer all else.

Insights on the Parasha

1 – This week's Parasha begins with the commandment to strictly use oil from olives to light the Menorah in the Bet Hamikdash. The Midrash asks: why specifically oil from

olives? There are many other possible sources for oil? The explanation is that olives are a symbol of light in the world. During the time of the Great Flood, when Noah sent out the dove, the dove returned with an olive branch in its mouth. Where had the dove found this branch? Our Sages explain: From the holiest of places in Israel. Israel was not affected or destroyed by the Great Flood. Also, the olives were not destroyed. All other living creatures that had diverted from their natural paths and perverted their kind by mix breeding with other kinds were destroyed during the Great Flood. The olives, however, did not agree to mix, and remained in pure essence as Hashem had intended them to be. Therefore, the olives merited to bring light to the world, from Noah's generation throughout all generations. This is why Hashem chose olives as the source of oil to light the Menorah. The olives remained pure and true to their kind and were therefore rewarded greatly. The dove found the olive branches in a place that was not affected by the Great Flood – a very holy place – Israel. And not just any place in Israel – the dove brought the olive branch from Har Hamishcha – the future location of the Bet Hamikdash.

History in Brief

100 years after the Hurban, 170AD. After Rebi Shimon Bar Yohai wrote the *Adra Zuta Kadisha*, he said that it was a moment of acceptance before Hashem, an Et Ratzon. He wanted to enter Olam Haba without any embarrassment. Those holy words of the Adra Zuta had been written in his heart, hidden away for many years, and he wanted to reveal them before leaving the world, so that when he went to the next world he would not be asked why he didn't leave them behind in this world. He dictated the words to R' Abba who wrote them down while his son R' Elazar listened. As he spoke, Hashem came down with the righteous of Gan Eden: R' Hamnuna Saba and his father in law R' Pinchas Ben Yair. The Chaverim were shaken from hearing the words and left their places. When he recited the Idra Raba it was with them, but today only he alone spoke the

words of the Adra Zuta. Fortunate was his portion on that day, the day of the 33rd of the Omer counting, Lag B'Omer.

Health and Recovery

It is important to know that cardiovascular disease is the number one cause of death in Israel, and in the developed countries of the world. This fact cannot be separate from the fact that food in modern countries contains a lot of saturated fat. It turns out that this fat is the main reason for this severe figure. Therefore, it is recommended to eat products that contain unsaturated fat, such as: low-fat milk, fat-free meat, fat-free chicken, olive oil, non-fat sea fish, avocado nuts, almonds soaked in water, pumpkin seeds, and sunflower seed butter. You have to stay away from margarine. What is margarine? It originates from vegetable fat, artificially transformed into solidity by hydrogenation, that is, a chemical modification of its molecular structure by adding hydrogen. In the process of margarine formation, trans-acids are also formed. This change poses a health hazard, raises the level of cholesterol in the blood, and is also suspected to be a risk factor for cancer when consumed in large amounts. In addition, margarine contains synthetic vitamins, food coloring, and preservatives. It is used in many commercial items, such as waffles, cakes, cookies, burekas, snacks, and chips. "Burekas is the worst, a dangerous cause for diseases, because it is made up of solid oils and the worst forms of fat that can be," says Professor Raphael Carasso.

Mussar: Recognize Hashem's Greatness

A person is considered a miniature world. Therefore, just as contemplating the awesome wonders of the world will help a person develop deeper faith in Hashem, so too shall contemplating the amazing details of the human body. We must constantly grace and thank Hashem for the countless blessings He bestows upon us every day throughout our entire life. He gives us even though we haven't earned it. He has created us from nothing. He has given us a body which is composed with countless wonders

and outstanding wisdom. We were given a powerful and holy soul. We have intelligence in order to decipher between good and bad, right and wrong, and the ability to think and observe in order to recognize our Creator and Master. Hashem feeds us and gives us our necessities – even extras as well as some luxuries. He does not forsake us and cares for us every moment. The least we could do is recognize His greatness and bless His holy name in this world. Do not slumber and be ungrateful. Sing His praises to others and spread His presence throughout the world. He has created us in the form of His image, and blew a living soul within us, a soul of superiority and sovereignty; a soul with wisdom and great power, with the ability to understand and develop, greater than any other creation. The body is so complex and the mind is the control center. We must realize the awesome gift of life and praise Hashem with great devotion and emotion. Those who praise Hashem in this lifetime will praise Him after a long life in the next world – where the true praises are spoken. May Hashem watch over us, Amen.

Laws: Purim

1 – Today the value of a Machatzit Hashekel, 10 grams of silver, is approximately eight dollars. Women are also obligated to give this amount, as well as for their children, and also for an unborn child within the mother. If one cannot afford this, he should at least use eight dollars for the adults and whatever amount he could afford for the children. One may not use Ma'aser money for this Mitzvah.

2 – Ta'anit Esther, Monday March 6th, begins 5:03am, the seasonal hour, Shaah Zemanit, is 67:00, as one and a fifth seasonal hours before Netz is Alot HaShahar, according to the Ben Ish Hai and Hacham Ovadia. The fast ends 6:20pm, and 6:29pm for the strict.

3 – Megillah reading Purim night in Beth Yosef will be at 6:00pm after Minha (5:30pm) in middle of Arbit. Tuesday Morning, Purim, Megillah reading will be at 6:40am, and again at 11:45am for the women. Women please do not be late.

4 – Pregnant or nursing women, women who miscarried, or women who recently gave birth, are exempt from this fast. A sick person, even if he is not in a serious situation, is also exempt. An old person who doesn't have adequate strength is exempt as well. A Hatan (Groom) and the three people who are directly involved in a Brit Milah, father, Mohel, and Sandak, are likewise exempt.

5 – One who missed the Megillah reading at night for whatever reason cannot fulfill that obligation during the day by reading twice.

6 – Shehechyanu recited by the reading should cover the other Mitzvot of Purim as well – Mishloach Manot, Matanot La'Evyonim, and the Seudah.

7 – After the reading, roll up the Megillah and recite '*Ha-el Harav Et Rivenu...*' and end '*Baruch Atah... Hanifrah Le'Amo...*' and do not say *Ha-El Hanifrah*.

8 – A Beracha after the reading is only recited when ten men or ten women are present.

9 – If one forgot Shehechyanu at night, he should recite it in the morning before the Megillah reading.

10 – If one does not have a Kosher Megillah then he cannot read along and must be completely silent while listening to the recitation. Do not respond Baruch Hu Ubaruch Shemo.

11 – One may not eat a meal before the reading of the Megillah, both at night and in the morning. However, one may snack on something small.

12 – After reading a page, do not roll it up until the end of the entire reading.

13 – Speaking and motioning during the reading is not allowed. If you have a Kosher Megillah, then you may answer Amen or Kedusha, as you will be able to read yourself and not miss a word.

14 – One who missed Al Hanissim and recited Hashem's name cannot go back, but should include it in Elokai Netzor or the Harachamans.

15 – One should dress nicely on Purim.

16 – Shaving, haircuts, and cutting nails are prohibited during Purim.

17 – Perform Mishloach Manot and Matanot La'Evyonim before the Seudah.

18 – A mourner within 30 days, or within 12 months for his parents, cannot send Mishloach Manot but may receive. Some hold he may send to one person.

Yehoshua Houdrie HaCohen from Brooklyn read this weekly publication two weeks ago, Parashat Mishpatim, as we wrote about the terrible earthquakes that took place in Agadir Morocco in 1960, and relates the following: after reading that paragraph, he opened a Sefer and was surprised to see written in the beginning of the Sefer that it was published for **Mr. Nissim Shriki, his wife Zohara, and their children**, who perished in the earthquake in 1960, may their memories be blessed. It was an overwhelming feeling to see the connection in real life between this weekly publication and the Shriki family. Hashem's ways are great. He has therefore donated sponsorship this week Leilui Nishmat those who have perished, may they be a source of protection for him and his family from heaven, and may Hashem bless him and his family with health, success, blessings, and goodness, Amen.

Sponsors

*** **Mr. Mordechai Allaham HaCohen, his wife Lousett, and their children.** Blessings and success for the entire family, Mazal Tov to his son **Albir and his wife Liza** on the birth of a newborn, Mabrouk, Amen. *** **Mr. Elliot Sutton, his wife Lauri, and their children.** Blessings and success for the entire family, Amen. *** **Blessed siblings: Eli, Nissim, Suzette, Yaffa, and Ariella of the Levy Family.** Blessings and success for the entire family, Leilui Nishmat their father **Yosef Ben Sarah a"h**, Amen. *** **Mr. Yehoshua Houdrie HaCohen, his wife Susan, and their children.** Blessings and success for the entire family, Leilui Nishmat **Nissim Shriki a"h, his wife Zohara a"h, and their children a"h**, who perished in the earthquake in Agadir Morocco in 1960, may their memories be blessed, Amen. *** **Mr. Avraham Aharon Farhi, his wife Rania, and their children.** Blessings and

success for the entire family, Amen. *** **Mr. Shelomo Araman, his wife Vicky, and their children.** Blessings, health, and success for the entire family, Amen. *** **The Farhi Family.** Blessings and success for the entire family, Leilui Nishmat their father **David Ben Paulette a"h**, Amen. *** **Blessed siblings: Soly, Hillel, Arlett, and Sofia of the Bawabe Family.** Blessings and success for the entire family, Leilui Nishmat their mother **Rachel Bat Shafika a"h**, Amen. *** **Blessed siblings: Azar, David, Charlie, Estella, and Arlit of the Halabi Family.** Blessings and success for the entire family, Leilui Nishmat their sister **Sonia Bat Rachel a"h**, Amen. *** **Blessed siblings: Sammy, Simon, and Rina of the Esses Family.** Blessings and success for the entire family, Leilui Nishmat their father **Ovadia Ben Rina a"h**, Amen. *** **Mr. Toby Cohen, his wife Shella, and their children.** Blessings and success for the entire family, Leilui Nishmat her father **Avraham Ben Badia a"h**, Amen. *** **Mr. Isaac Shakalo and his sisters: Gracie, Shella, Violet, Stella, and Claudi.** Blessings and success for the entire family, Leilui Nishmat their mother **Bella Bat Kahila a"h**, Amen. *** **Blessed siblings: Jack, Joey, Raizy, Vera, and Lina of the Sardar Family.** Blessings and success for the entire family, Leilui Nishmat their mother **Rachel Bat Alvira a"h**, Amen.

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*This week's sponsorship total is \$1200
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