

Congregation

◆◆◆"Beth Yosef"◆◆◆

*** 2108 Ocean Parkway Brooklyn, N.Y. 11223 ***

Rabbi Aharon Farhi

*Parashat **Bo***

6th Shevat 5783

Maqam Siga

Issue #1015

Mr. Eliyahu Levy, President

*Haftarat **Hadavar Asher***

January 28th 2023

*Candle Lighting 4:49pm * Shekiah 5:07pm * Shir Hashirim 4:45pm followed by Minha Friday Night
Shaharit Shabbat 8:15am * Minha Shabbat 4:30pm * Shabbat Ends 5:49pm & Rabbenu Tam 6:19pm
Time for Talit 6:11am * Seasonal Hour 59:00 * Alot Hashahar 5:59am * Netz Hachama 7:10am
Weekday Minha 5:00pm * Earliest Time for Arbit 4:29pm * Tzet Hacoachavim 5:44pm * Chatzot 12:08
Latest Time for Morning Keriat Shema 8:56am * Latest Time for Morning Amidah 9:55am
Time for Talit next week Parashat Beshalah 6:03am*

Shovevim Fasting:

Thursday January 26th fast starts 5:59am and ends 5:31pm

Monday January 30th fast starts 5:59am and ends 5:36pm

*There will be **Ta'anit Dibur** in Beth Yosef **Sunday January 29th** starting 8:45am*

*We will read **Sefer Tehillim** together **three consecutive times** without speaking*

This is a great Zechut and will atone for many sins and transgressions

Those who wish to contact Rabbi Aharon Farhi can call (646) 552-3412

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Vaad Tehilim Torah c/o R' A. Farhi

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Please do not read this bulletin during Tefillah or Keriat Hatorah

When the time for redemption from Egypt had arrived, Hashem commanded our nation to perform two Mitzvot: Korban Pesah and Brit Milah. We must ask: 1- If the time for redemption had indeed arrived, why was it necessary to first fulfill two Mitzvot? 2- Why was it necessary to reserve the Sheep for the Korban four days in advance? 3- What is the significance of these two specific Mitzvot? When it was the proper time, Hashem instructed Moshe to relay the command for the collection of a sheep for the Korban Pesah. Moshe expressed his thoughts to Hashem concerning the difficulty of slaughtering sheep in Egypt, which was considered the Egyptian's deity. Would the Egyptians watch in disgust and not react harmfully in retaliation? Hashem guaranteed to Moshe that the sheep would be slaughtered right before the eyes of their

captors, and they would be powerless to stop the proceedings. Everyone will then be taught that Hashem is the one and only. Hashem was requesting sacrifice from our nation – not just in the form of a sheep, but personal, physical, sacrifice. They were to perform in a way that would under normal circumstances cause harm and damage, possibly fatality. Our nation was being taught to remember when they were freed that we must be willing to give everything for Hashem. Hashem commanded them to designate a sheep four days in advance in order that the Egyptians question their motives and realize the true implications of the situation. Naturally, such instigation could be classified as suicide. Nonetheless, they performed the Mitzvah to perfection. The slaughter was done during the time of day that the men return home, so that all

could witness the open miracle that was unfolding and recognize Hashem's presence. The sacrifice was then roasted over a fire, which created a powerful and noticeable aroma, and the bones were intact, so that they could be easily identified as sheep bones. All these specifications were commanded in order that the Egyptians could recognize what our nation was doing to their false deity. Hashem declares to us that He took us out of Egypt, and not a messenger/angel. Why? So we should understand that Hashem is with us when we fulfill His will, shielding us from all harm. The foundation of our life in this world, and our continued existence regardless of the attempts from our enemies to discontinue the nation, all depend on our fulfillment of Hashem's commands, with sacrifices and a clear resolve. Just as dying for the sake of the sanctification of Hashem's name is extremely commended, even more commendable is living for the sake of sanctifying the name of Hashem. Many unfortunately are mistaken with the belief that one need only fulfill Mitzvot when they are convenient and easy to do, whereas any difficulty or obstacle that may exist would warrant an immediate absolution from duty or at least reason enough to slack off a bit. Even a bit of tiredness or imperfect health can convince one to shirk off his spiritual responsibilities if he is misguided with his thoughts. Doesn't the Torah exempt one who is under unavoidable circumstances? He even believes that if he fulfills the Mitzvah nonetheless, that he has done a heroic feat, something he was definitely not responsible for. This is a terrible mistake. To fulfill a Mitzvah properly means to do so against the grain, when it is not so easy and simple. That is how we sanctify Hashem throughout our life – by overcoming our tests and bypassing all obstacles that stand between us and

spiritual success. May Hashem merit us, Amen.

Insights on the Parasha

1 – *A stranger may not eat from the Korban Pesah.* Who is a stranger? One who distances himself from Hashem - even if he is Jewish and is circumcised. Why do we accept everyone on Yom Kippur to pray with us, no matter his spiritual status, but here we do not? The reasoning is simple: On Yom Kippur we fast and pray. If one wants to participate, this is proof that his intentions are genuine and that he is on his way toward the correct spiritual status. However, concerning the roasted Korban Pesah, we cannot know for sure that the person isn't involving himself just to partake in the meat. Therefore, one who is a known stranger may not eat from the Korban Pesah.

History in Brief

100 years after the Hurban, 170AD. Besides compiling Sefer Zohar, R' Shimon also compiled 'Raaya Mehemna', named for Moshe Rabbenu who was the *trusted shepherd* of our nation. With a spark from Moshe Rabbenu, R' Shimon compiled hidden secrets from the time Moshe Rabbenu spent in heaven. He also compiled the five chapters of Safra D'Tzeniuta corresponding to the five books of the Torah. He also compiled the Idra Rabba and Idra Zuta. Idra is a gathering, like piling wheat and barley, as R' Shimon gathered with his colleagues to reveal the hidden secrets of the Torah. Originally there were ten gathered in the group, but three did not merit revelation of these secrets, so the gathered group totaled seven.

Health and Recovery

1- Drinking water before eating is harmful.
2- Drinking water while eating is also harmful.
3- One should make sure to chew

his food well before swallowing. 4- Eating a heavy dinner causes one to experience bad dreams. 5- Eating fruits and vegetables greatly increases one's health. 6- Nowadays it is common for one to swallow pills that can be helpful in one area but harmful in another. One should always be aware of the side effects of what he is taking. 7- Our body is comprised of 30% solids and 70% liquids. Therefore in order to maintain this balance, one should make sure when eating solids that it is enriched with liquids. 8- Fruits and vegetables are naturally enriched with liquids, and are very beneficial for the purification of the body's regularity system. 9- The liquids that leave the body could be harmful and dangerous if they would remain in the body. Therefore the body is cleansed by releasing them.

Mussar: *Ta'anit Dibur (Tikkun Shovevim)*

This Sunday January 29th we will be conducting a day of Ta'anit Dibur in our Bet Knesset Beth Yosef starting at 8:45am – the goal is to complete Sefer Tehillim three times consecutively, without speaking any other words all day. One who fulfills this goal will be rewarded greatly from heaven, and he will gain atonement for the following sins: 1 – For interrupting Torah learning with unimportant words. 2 – Speaking during Shabbat as if it were a weekday. 3 – Speaking in Shul, especially during Kaddish, Chazara, and Sefer Torah. 4 – Lashon Hara. 5 – Lies, cynical speech, flattery, and profanity. 6 – Speaking openly about private family purity matters. Also, one gains the following: 7 – Tehillim reading creates a pleasant spirit before the Heavenly Throne. 8 – It awakens a time of mercy and acceptance for our nation. 9 – Hashem cleanses us from the above mentioned sins to the point that we are considered like new creations, clean of sin, like a bride and groom who are clean of sin when they get married. 10 – Hashem will send Refuah for the sick. 11 – Hashem will distance evil decrees from us. 12 – Hashem protects us from the Evil

Eye. 13 – The gates of Parnassah will open before us. 14 – We will not leave this world before our time. 15 – Enemies and plunderers will be distanced from us. 16 – A woman will not heaven forbid experience a miscarriage, and the child and mother will survive the birth healthy and strong. 17 – The merit of King David a"h will protect us and he will pray for us. Altogether, we will enjoy these seventeen rewards for performing the Ta'anit Dibur – 17 is the numerical value of Tov – good. Therefore, we must all join in this special Mitzvah, may Hashem merit us and send Mashiach, Amen.

Rishon LeSion:

R' Yaakov Shaul Elyashar 1817-1906

Besides for serving the people, R' Yaakov authored eighteen Sefarim, most of which included the word Ish in the title, for his initials 'Yaakov Shaul Elyashar' – 'Alef Yod Shin'. These are the titles: Maaseh Ish, Ish Emunim, Yisa Ish, Divre Ish, Olat Ish, Pene Ish, Shaal HaIsh, Kevod HaIsh. His colleagues included the author Sedeh Chemed from Chevron, and the Ben Ish Hai from Baghdad. In 1899, the German leader was scheduled to visit Jerusalem, so the people prepared the city for his visit. They cleaned and decorated the streets, and planned for his path to travel through the best of the city's gates, with words of welcome written in both Hebrew and German. Shabbat, 13th Cheshvan, in 1899, the leader rode through Jerusalem on a white horse, followed by his ministers and advisors, in a showing of honor and respect.

Story

After the Asifah of the Rabbanim that took place in Vilna, each Rav went to their host for the evening to spend the night. In the morning, Rav Zalman heard that the Chafetz Chaim was getting ready to board a train in order to travel back home to his city, Radin. He too would board the train on his way back home. On the train, the non-Jewish conductor recognized the

Chafetz Chaim as a holy man who leads and guides the Jewish people. The non-Jew approached the Chafetz Chaim and asked him if he could do them all a favor and take a walk from one end of the train all the way to the other end of the train, because they knew that wherever this holy man would walk, that place would be blessed. They wanted his presence to bring them blessing, so the Chafetz Chaim agreed to do as they asked. He then returned back to his compartment where he sat and learned for the remaining half hour of the journey.

Laws

1 – All should personally prepare for Shabbat, and buy something special for Shabbat's honor. The Arizal teaches us: The sweat we perspire in order to honor Shabbat is used to erase our sins, just like tears.

2 – One should not use his time on Friday to do laundry unless it is necessary.

3 – Clear out your pockets on Friday so as not to carry outside during Shabbat.

4 – Biblically we must add some extra time to the beginning of Shabbat and start earlier, some say a quarter hour before Shekiah. Others say 3-5 minutes. Motzei Shabbat wait until about five minutes after Tzet Hacoachavim. Those who wait until Rabbenu Tam will be blessed, which is roughly 30 minutes after Tzet.

5 – If you accepted Shabbat, you can no longer pray Minha Erev Shabbat. Therefore, first pray Minha and then accept Shabbat while saying Boee Kallah in Lecha Dodi.

6 – One who enters a Shul that has already accepted Shabbat cannot pray Minha there, but should do so outside of the Shul.

Sponsors

*** **Mr. Ted Levy, his wife Syla, and their children.** Blessings and success for the entire family, Leilui Nishmat his mother **Altoun Bat Salha a”h**, Amen. Thank you for this weekly Torah publication, Tizku L’Mitzvot, Amen.

*** **Mr. Yedidya Laniado, his wife Touni, and their children.** Blessings and success for the entire family, Leilui Nishmat his father **Moshe Ben Sarah a”h**, Amen. *** **Mr. Nissim Alkada, his wife Rima, and their children.** Blessings and success for the entire family, Leilui Nishmat his mother **Rachel Bat Latifah a”h**, Amen. *** **Mr. Toby Cohen, his wife Shella, and their children.** Blessings and success for the entire family, Leilui Nishmat her father **Avraham Ben Badia a”h**, Amen. *** **Mr. Isaac Shakalo and his sisters: Gracie, Shella, Violet, Stella, and Claudi.** Blessings and success for the entire family, Leilui Nishmat their mother **Bella Bat Kahila a”h**, Amen. *** **Blessed siblings: Jack, Joey, Raizy, Vera, and Lina of the Sardar Family.** Blessings and success for the entire family, Leilui Nishmat their mother **Rachel Bat Alvira a”h**, Amen. *** **Mr. Farah Hamra, his wife Dina, and their children.** Blessings and success for the entire family, Mazal Tov & Siman Tov to **Mr. Eli Levy and his wife Becky on their children’s wedding**, Mabrouk, Amen. *** **Mr. Yehoshua Houdrie HaCohen, his wife Susan, and their children.** Blessings and success for the entire family, Leilui Nishmat his brother the holy soldier **Aharon Ben Frieda a”h**, Amen.

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