

Congregation

◆◆◆"Beth Yosef"◆◆◆

*** 2108 Ocean Parkway Brooklyn, N.Y. 11223 ***

Rabbi Aharon Farhi

Parashat Beresheet

29th Tishre 5781

Mr. Eliyahu Levy, President

Maqam Rast

Issue #909

Haftarat Mahar Hodesh

October 17th 2020

*Candle Lighting 5:55pm * Shekiah 6:13pm * Shir Hashirim 5:45pm followed by Minha Friday Night Shahrarit Shabbat 8:15am * Minha Shabbat 5:45pm * Shabbat Ends 6:53pm & Rabbenu Tam 7:23pm*

*Time for Talit 6:05am * Seasonal Hour 6:50:00 * Alot Hashahar 5:52am * Netz Hachama 7:10am*

*Weekday Minha 6:00pm * Earliest Time for Arbit 5:27pm * Tzet Hacoachavim 5:52pm * Chatzot 12:41*

*Latest Time for Morning Keriat Shema 9:07am * Latest Time for Morning Amidah 10:12am*

Sunday and Monday will be Rosh Hodesh Heshvan

Sponsored by: The generous Mr. Yossi Avraham Zafarani, his wife Eve, their parents, and their children.

Blessings and success for the entire family, Mazal Tov on the birth of Shemuel, Mabrouk, Amen.

Please do not read this bulletin during Tefillah or Keriat Hatorah

Rav Chaim of Volozhin explains: before Adam sinned, man had been created internally composed only of holiness and goodness. After Adam sinned, the forces of impurity entered him and he became laced internally with the forces of evil as well. Alas, whatever man does, whether it is good or bad, his actions include both forces, no matter what his intentions. What's more, before the sin, man only had a Yetzer HaTov within him, while the Yetzer Hara, the evil inclination that leans a person towards sin, was only but an external force. After the sin, however, the evil inclination entered man and is now always within a person internally. In creation, man was intended to have a choice, so that if he chooses good and stays away from the external forces of bad, then his achievements would be entirely pure and holy. Unfortunately, the snake, the external force of evil, caused man to sin, and man is no longer completely pure internally. When man sins now, it seems as if he himself really intends to perform the sin, no longer as if he is only being influenced by external impurity. The Tree of Knowledge between good and bad specifically had this effect on man: just as the tree was laced internally with good and bad, so too man became laced with both good and evil as a result. Our Sages teach us that the snake literally infected us internally, for all of history, throughout all generations. Now the good that we perform is unfortunately blemished with at least a bit of impurity due to the effects of the first sin of man. Our sins, as well, are never completely evil and impure either, and will always have a hint of purity no matter what the intentions. There is no man who is righteous in the land who does not sin, because

the sin will always influence the good, no matter the intentions. Hashem therefore had to exile man from Gan Eden so that he does not eat from the Tree of Life and thereby live forever – why? Can you believe this was in fact done as a favor to man?! Death is the only way man can achieve a Tikun in his composition, to rid himself of that hint of impurity that taints all his holy actions on this world. If man would live forever, he would never be able to correct that blemish from his soul. Death is therefore a necessary consequence of our unfortunate circumstances. When Hashem saw all that He created and said that it was very good, he was actually referring to death! May Hashem watch over us, Amen.

Insights on the Parasha

1 – Our Sages teach us: the fruit that Adam and Chava were not supposed to eat was a fig. Rabi Meir says: it was a grape. Rabi Yehuda says: it was wheat. We hold that all are correct and they ate from all three. Therefore, we correct these three during the three holidays of the year: “Shalosh Peamim Tachog Bashana” - three times a year we celebrate holidays – the word *Tachog* is comprised of the three letters *Taf, Chet, and Gimmel*, *Taf* for *Teenah, fig*, *Chet* for *Chita, wheat*, and *Gimmel* for *Gefen, grapes*. We therefore eat from these three during the holidays with joy and happiness.

2 – Our Sages teach us that Chava juiced the grapes and gave them to Adam. Why didn't she just give him the actual fruit, why did she juice it? The snake had tricked her into thinking only eating the fruit was forbidden, while the juice was not. The Torah therefore specifies regarding a Nazir, who is

forbidden to drink wine, that he is likewise forbidden to eat grapes, as there is no difference between the fruit and its juice, so that he does not err like Adam and Chava. (*Imre Shefer*)

History in Brief

23 years after the Temple's destruction, in the year 91AD. The new Caesar in Rome, named Nerva, was an emperor of kindness, honesty, and generosity to the poor. He favored the Sages of Israel and abolished the hefty tax that the emperors who were before him had imposed on the Jews. The Sages of the generation traveled by ship to visit the new emperor: Rabban Gamliel, Rabi Yehoshua, Rabi Akiva, and Rabi Elazar. While on their way to Rome, in the middle of their journey, a terrible storm threatened to return them to their Creator. Rabban Gamliel stood up and said: "Is this happening because I rejected Rabbi Eliezer ben Hyrcanus? Master of the world: it is known before You, that not in my honor did I do this, not in honor of my father's house, a descendant of Hillel the Zaken who was of King David's seed. But in Your Honor did I do this, so that Israel would not quarrel!" Immediately the sea rested. When they arrived in Rome, priests came out to greet them with idols. They argued and asked the Sages: "If your Hashem does not want idols to be served, then why does he not simply cancel them out and erase them from existence?" The Sages answered: "If you would bow to such things that are never needed, then Hashem would definitely cancel them, but alas you serve the sun, the moon, the stars, and Hashem does not wish to cancel them and destroy His world just because of the actions of some fools! The world continues to exist, while the spoiled fools will one day be judged for their actions."

Health and Recovery

Walking on a treadmill, which is positioned off balance on a slope, can cause damage to the legs, so be sure to always walk on a perfectly straight and balanced surface. Also, riding an exercise bike can be harmful, and it is in fact better not to use them. Therefore, instead you should stand and sit: stand slowly without the help of your hands, and sit slowly with the help of your hands, and with your back upright. You should repeat this exercise ten times. In addition, it is always advisable to get up from the chair without the help of your hands. While sitting, take a large children's ball and place it between the knees and press inwards. Also, take a wide strap that stretches, wrap it around both knees,

and press outwards. At times you hear people shouting in the street that a person has fallen down and needs help. They immediately come to help him and raise him up. Usually the one who falls is an older person. They ask him "What happened?" and he replies, "I stumbled and fell". We ask ourselves, after all, many people have passed through here today, through the same place, but while they had no problem passing through, this person fell. Why is it that the person who usually falls is an older person? Rarely do we find that it was a young man who has fallen. Why? We will provide the answer with Hashem's help next week.

Rishon LeSion: R' Yaakov Ayash ztl 1750-1817

For 20 years R' Yaakov Ayash lived in Italy. Students came from all over to learn Torah from him and receive his blessings. His responsa in Halacha enlightened the masses throughout Europe. However, his hope and dream to one day live in Jerusalem never left his heart. One day, a wealthy merchant in Italy named R' Chizkiya Ben Rephael had the desire to establish a Yeshiva in Israel. He approached R' Yaakov and asked if he would be willing to be the Rosh Yeshiva of "Torah V'Chesed" that he would establish in Israel. R' Yaakov agreed with a heart full of happiness and longing for the holy city of Jerusalem. It was there that R' Yaakov lived out the remainder of his days on this world, serving as the Rosh Yeshiva. Many Sages and students learned Torah in Torah V'Chesed, and R' Chizkiya the wealthy man supported them all every month. At that time R' Moshe Meyuhas passed away, and Jerusalem appointed R' Yaakov Ayash to take his place as Rishon LeSion. He was extremely humble, and always distanced from honor. In 1817 his holy soul returned to his Creator. Before his passing, he instructed his children not to eulogize his life story, and instead only say that he was charitable, kind, and had a good name in the world. May his merits protect us, Amen.

Mussar: Stress

Every day presents a person with problems that have the potential to break the spirit. Things don't always go as planned. Your wife, children, or friends can present difficulties in their own ways. The neighbors, boss, etc. can all present situations of concern... Everyday has worries and troubles. This is all part of life. It can destroy a person and cause him to fall into deep depression that can prove crucial to his health and life. Diseases can

develop if such situations are not approached with the correct perspective. Therefore, one who has intellect and logic should devise plans and strategies that will prevent depression. Do not get angry or stressed. Why should you? Life is too short to worry too much about the details. You should be happy that life is generally good and be thankful for it. Otherwise, depression will kick in and take away the things that you can enjoy. Is it worth it? Should one worry without thinking about the consequences? The best approach in solving this problem that everyone is a victim of potentially, is to pour out one's pain and troubles to his Creator, to the only One capable of helping him. Tell Hashem what troubles and worries you and ask for His divine assistance. He always listens to those who call out to Him truthfully! This will definitely cause the depression to decrease, and faith and trust will take its place, filling you with newfound joy and pleasure for life. All that Hashem does is for a purpose and for a good cause. He knows what is truly best for us. Why should a person blindly destroy his health over stress, when he could prevent it so simply? The salvation of Hashem arrives in the blink of an eye. Hashem runs and controls all! Do not worry – run towards Hashem, for He alone can help you and save you in the best way possible. May Hashem watch over us, Amen.

Story

Zev, the wealthy Jew from Budapest, each year would travel to and spend the High Holidays praying with his Rebbe, Rabbi Yitzchak Isaac. One night, in middle of the year, rumors spread that the Rebbe was coming to visit. When the Rebbe arrived, many flocked from all over to pour out their hearts to the Rebbe and ask for his blessings and prayers. Zev was alive with song and happiness, thrilled with the news of his Rebbe's arrival. When he visited the Rebbe with his wife, the Rebbe explained that he was in need of 300 rubles in order to help a poor bride get married with dignity, and he asked Zev to help. Zev explained that he was ready to give the whole 300 rubles, an amount that was not easy for him to afford, and he explained: "For many years I have been rejoicing in the sound of your holy prayers during the high holy days. When that season passes and there are times when various attempts to sin climb up to my head, I tap into my memory of those holy notes that you sang in prayer and it gives me a pure connection to my soul. This is a powerful weapon of war that I

use against the Yetzer Hara. I then open the passages and remember what I heard from the Rebbe during those terrific days, thereby increasing the power of my good instinct, which protects me from the evil inclination."

Two Halachot: Posek Rav Mordechai Eliyahu

1 – The seven days and thirty days of mourning start after the deceased is buried, not from the time he passes away. However, the first year and the following *yahrzeits* are counted from the time of passing. In the first year, Kaddish is recited for the first 11 months, then there's a break for a week, and then Kaddish is recited again for the final three weeks of the year. Even in a leap year, only twelve months are counted, not thirteen, and Kaddish is not recited during the thirteenth month.

2 – Every following year Kaddish is recited starting on the Friday night before the date of passing until *Minha* on the date of passing. One reciting Kaddish must raise his voice so that the congregation will hear him and answer Amen. One who is soft spoken and cannot raise his voice above the others reciting Kaddish should have at least two people close by to him who will hear him and answer Amen.

Laws: Shabbat

1 – Every Shabbat morning we recite a number of *Mizmorim* from *Tehillim* before *Baruch Sh'amar*, because we do not go to work on Shabbat, we are not in a rush, and our schedules will not be disturbed by additional prayers. The first *Mizmor* speaks of creation, as the heavens declare Hashem's glory. The second *Mizmor* declares that the heavens were created through the word of Hashem. The third *Mizmor* speaks of David running away from *Shaul*, which occurred during Shabbat. The fourth *Mizmor*, *Tefillah LeMoshe*, speaks of the morning of kindness, the morning in *Olam Haba*, a day in which there is only good. The next *Mizmor*, *Yoshev Beseter*, is one of tragedy and misfortune, occurrences that we can avoid by observing Shabbat. The next *Mizmor*, *Hallelu Avde Hashem*, is the first of *Hallel HaGadol*, in which we mention and commemorate the great miracles and wonders of Hashem.

Sponsors

*** *Mrs. Rosette Cohen and her children: Eli, Yechezkel, Toby, Katy, and Margo.* Blessings, health, and success for the entire family, and a blessed new year, Amen. *** *The Mashgiach Rabbi Yirmeya Tuvia Halbirton, his wife, and*

their children. Blessings, health, and success for the entire family, Amen. *** **Mr. Farhard Kandjian, his wife, and their children.** Blessings and success for the entire family, Amen. *** **Mr. Yitzchak Sadka, his wife Berta, their parents, and their children.** Blessings and success for the entire family, Mazal Tov on the birth of *Mazal*, Mabrouk, Amen. *** **Mr. Mark David Hefes, his wife Esty, their parents, and their children.** Blessings and success for the entire family, they wish a blessed healthy sweet new year to their parents *Charles and Esther*, Amen. *** **Mr. Victor Guindi HaCohen, his wife Nadia, and their children.** Blessings and success for the entire family, Leilui Nishmat his father *Aharon Ben Bahie a"h*, Amen. *** **Mrs. Dolly Sardar Guindi, her husband Hacham Zaki, and their children.** Blessings and success for the entire family, Leilui Nishmat her father *Aharon Ben Bahie a"h*, Amen. *** **Mrs. Celia Levy Khafif, her husband Ted, and their children.** Blessings and success for the entire family, Amen. *** **Mr. Moshe Jajati, his wife Berta, their parents, and their children.** Blessings and success for the entire family, Leilui Nishmat his father *Rachamim Ben Jamila a"h*, Amen. *** **Mr. Eli Shalouh, his wife Rosi, and their children.** Blessings and success for the entire family, Leilui Nishmat his father *Ovadia Ben Salha a"h*, Amen. *** **Mr. Shelomo HaCohen, his wife Gila, and their children.** Blessings and success for the entire family, Leilui Nishmat his mother *Kourjie Yaffa Bat Simha a"h*, Amen. *** **Mr. Avraham Maleh, his wife Amy, and their children.** Blessings and success for the entire family, Amen. *** The young man *Joe Farah Hamra, his parents, and his siblings.* Blessings and success for the entire family, Leilui Nishmat *Rosalyn Bat Chava a"h*, Amen. *** **Mrs. Sely Jajati and her children.** Blessings and success for the entire family, Leilui Nishmat their father *Yehuda Leon Ben Jamila a"h*, Amen. *** **Blessed siblings: Faraj, David, Clod, Edmon, Janett, Rina, Esther, Gila, Syma, and Evon of the Nahum Family.** Blessings and success for the entire family, Leilui Nishmat their mother *Ayala Gazalo Bat Rima a"h*, Amen. *** **Mr. Ovadia Avraham, his wife Sabah, and their children: Naim, Yosef, Moshe, and Yonatan.** Blessings and


success for the entire family, Leilui Nishmat their son who passed away at a young age *David Ben Sabah a"h*, Amen. *** **Mrs. Frieda Hasbani Rabi and her children.** Blessings and success for the entire family, Leilui Nishmat their father *Nissim Sami Hasbani Ben Amilia a"h*, Amen. *** **Blessed siblings: Soly, Hillel, Arlett, and Sofia of the Bawabe Family.** Blessings and success for the entire family, Leilui Nishmat their father *Yitzchak Zaki Ben Simcha a"h*, Amen. *** **Mr. Victor Maleh, his wife Shirley, and their children.** Blessings and success for the entire family, Leilui Nishmat his father *Yehuda Aslan Ben Jamila a"h*, Amen. *** **Mrs. Shella Swed Katash and her son Victor.** Blessings and success for the entire family, Leilui Nishmat her husband *Yaakov Jack Swed Ben Badia a"h*, Amen. *** **Blessed siblings: Moshe, Sophie, Aharon, Natan, and Isaac of the Sarway Family.** Blessings and success for the entire family, please join us for a Derush Leilui Nishmat their father *Shama Ben Badia a"h* Sunday October 18th in Bet Knesset Shevet Achim at 6:00pm, Tizku L'Mitzvot, Amen. *** **Leon Farhi, his parents, and his siblings.** Blessings and success for the entire family, Mazal Tov to the bride and groom his brother *Albert and Grace*, Mabrouk, Amen. *** Mashgiach **Mr. Moshe Kredi, his wife Evon, and their children.** Blessings and success for the entire family, Amen. *** **Mr. Yosef Alkada, his wife Vicky, and their children.** Blessings and success for the entire family, Leilui Nishmat her uncle *Yaakov Jack Swed Ben Badia a"h*, Amen. *** **Mr. Eli Levy, his wife Becky, and their children.** Blessings, health, and success for the entire family, Leilui Nishmat *Rosalyn Bat Chava a"h*, Amen.

*This week's sponsorship total is \$2200.
Tizku L'Mitzvot, Amen!*

Since we launched our newly designed website in April 2020, there has been **20,200** visitors!

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