

Congregation

◆◆◆◆ **"Beth Yosef"** ◆◆◆◆

*** 2108 Ocean Parkway Brooklyn, N.Y. 11223 ***

Rabbi Aharon Farhi

*Parashat **Pinhas***

19th Tammuz 5780

Maqam Saba

Issue #898

Mr. Eliyahu Levy, President

*Haftarat **Divre Yirmeyahu***

July 11th 2020

*Candle Lighting 8:09pm * Shekiah 8:27pm * Shir Hashirim 7:00pm followed by Minha Friday Night
Shaharit Shabbat 8:15am * Minha Shabbat 7:55pm * Shabbat Ends 9:09pm & Rabbenu Tam 9:39pm
Time for Talit 4:10am * Seasonal Hour 86:00 * Alot Hashahar 3:53am * Netz Hachama 5:36am
Weekday Minha 7:30pm * Earliest Time for Arbit 7:16pm * Tzet Hacoachavim 9:04pm * Chatzot 1:01
Latest Time for Morning Keriat Shema 8:11am * Latest Time for Morning Amidah 9:37am*

Please do not read this bulletin during Tefillah or Keriat Hatorah

The Midrash says: As Pinhas approached Zimri, he was so afraid of what he was about to do that his soul left his body out of fear, and the souls of Nadav and Avihu entered his body, so that his actions would rectify their past misconduct. How does the Midrash know this? Because the Pasuk titles him as Pinhas son of Elazar son of Aharon HaCohen. Why was it necessary to mention Aharon as well? Because while Pinhas's body was the son of Elazar, the souls within were the sons of Aharon. What misconduct did Pinhas rectify for Nadav and Avihu? While they had not asked Moshe before taking action, now Pinhas did ask Moshe before taking action. Also, while they ruled Halacha in place of their Rebbe, Pinhas did not. Pinhas is known to be Eliyahu Hanavi, who hides his face. Pinhas separated from honor during the times of Yehoshua. Nadav and Avihu followed their own judgment. They drank wine, while Eliyahu drank from the river. While they lacked required garments, Eliyahu did not. They were lax in washing their hands and feet, while Eliyahu immersed completely in the river for many days. They brought a foreign fire, while Eliyahu prayed for a heavenly fire. They performed what they had not been commanded to do, while Eliyahu did exactly as instructed. While they anticipated the passing of Moshe and Aharon so they could lead, Eliyahu would have given up his own life. They wanted greatness, while Eliyahu allowed others to lead the generation, anointing Yehou and Elisha Hanavi. The Gemara says that Eliyahu was blessed as four.

Who were the four? Eliyahu, Pinhas, Nadav, and Avihu. May Hashem watch over us, Amen.

Insights on the Parasha

1 – *“The elevation-offering of each Shabbat... in addition to the continual elevation-offering and its libation.”* To explain with a Mussar lesson: The Torah demands of our nation continuous personal sacrifices in terms of trust and belief, most significant is the seventh day of the week in which we rest from the mundane and perform no work. The Pasuk is teaching us that our weekly *elevation-offering*, our sacrifice for Shabbat every week, is *in addition to*, or rather is the conduit for, our *continuous offerings* and sacrifices that we perform and endure every day of the week with trust and belief in Hashem, our Provider and Protector, and of course our Creator. (*Luah Arez*)

2 – *“Of Yetzer, the Yitzri Family. Of Shilem, the Shilemite Family”.* From here, Rabbi Yechiel Michel learns a valuable lesson through symbolic interpretation: *Yetzer* refers to a person's inclinations, and *Shilem* refers to a person's aspirations for holy fulfillment. Whatever path a person chooses, that will be his lot. If he wishes to follow his inclinations, he will be part of that 'family', however if he aspires for purity, they he will be complete and holy, and belong to that 'family'.

History in Brief

20 years after the Temple's destruction, in the year 88AD. After Raban Gamliel ostracized

Rabi Eliezer, that all must keep a distance of 4 Amot from him, they were strict with the decision and Rabi Eliezer remained alone until the day he passed away. After that argument between Rabi Eliezer and the Sages, Raban Gamliel reigned as Nasi with strength. He required the Sages to make safeguards, and grouped them in order that the few can teach the many, and thus spread Torah to the people. Once, two witnesses came to Raban Gamliel testifying about the moon for the month of Elul. He accepted their testimony and established Rosh Hodesh based on their words. Rabi Dosa Ben Horkenos came to Raban Gamliel and declared that those two witnesses were false, and another day must be added. Rosh Hashanah should therefore be a day later than they claimed it should be. Rabi Yehoshua heard this and declared Rosh Hashanah a day later than Raban Gamliel established. Raban Gamliel became angry with Rabi Yehoshua for arguing with him. According to his calculations Yom Kippur would be on a Shabbat, while the calculation of Rabi Yehoshua would put Yom Kippur on a Sunday. Raban Gamliel therefore ordered Rabi Yehoshua to travel to him on that Sunday with his walking stick and his money belt, an act forbidden on Yom Kippur, but permitted on any regular Sunday. Rabi Yehoshua did not know what to do. Should he listen to Raban Gamliel and perform Melacha on the day he believed was actually Yom Kippur based on his calculations? Must he obey the Nasi regardless, or can he disregard the Nasi's order?

Health and Recovery

Regarding the health of the neck: Prolonged bending of the head to the left or right, i.e. to hold the phone between the ear and the shoulder during a telephone call, while allowing simultaneous operation with your free hands, can cause severe damage to the neck vertebrae from the pressure on the blood vessels that lead the blood to the brain. In rare cases it can cause a stroke in young people. In addition, this causes the muscles to tighten on one side and stretch on the other side, which in turn will cause stiffness and limitation in turning the head to the sides, and in old age the result can be a tilting to one side. When continued in practice over a long period of time, the most definitive result will be uncomfortable lingering neck pain. These types of pain do not go away, unlike the pain

caused from the constant blowing of a fan, air conditioning, or resting on high cushions, which all pass over time. The location can be massaged, warmed, loosened with physical therapy, however there's usually no treatment for healing to speak of, so these practices should be avoided altogether. The neck is very important, and if damaged or strained, repair and restoration is far from guaranteed. Nowadays, with the increased use of computers in our generation, more and more people are typing on the computer for hours on end, not knowing how to properly position themselves while working on the computer, and as a result they are causing harm to their bodies. It is important to know that working on a computer for a long and uninterrupted period of time, even unintentionally, can lead to severe consequences such as shoulder issues, joint pain, cartilage erosion, tendonitis, and much more, all of which are difficult to treat and cure.

Rishon LeSion: R' Moshe Meyuhas 1730-1806

The Mufti (Supreme Judge) of Jerusalem, before his death, entrusted his household affairs into the loyal hands of the Chief Rabbi Moshe Meyuhas. After his death, it happened that one of the Mufti's grandchildren fell on bad times and he found himself begging at the gates for bread. When he couldn't keep up with his hunger, he turned to his brothers and relatives asking for a small loan, but they turned him away with embarrassment. He then went to the home of R' Moshe, who accepted him in with a smile, and asked how he could help. He listened to his requests, his plans to get back on his feet, and immediately the Rabbi agreed to help. They signed documents for the loans and R' Moshe assured him that he could pay back the loan whenever he was once again able to do so and not a moment before. The grandson of the Mufti expressed his gratitude and promised never to forget this kindness that even his own family did not show him. He put the loan to work in business, and slowly but surely his situation began to improve. In due time, he was once again running a successful and profitable business, his name restored to honor, and his financials healthy and flowing. Twelve years had passed since R' Moshe gave him the loan, and this man was now appointed to high positions of power within the government. During one of his journeys across the

country, as he arrived in the city of Ramaala, he realized that he had wasted a fortune for his travels, and now his coffers had dwindled. The solution he found to his problem was very simple, the next day he would declare that the Jews of Jerusalem were obliged to pay a tax of thirty thousand pounds. Now his heart was assured that he would be able to collect the money he needed.

Mussar: Love for Torah

Anyone fortunate enough to spend time toiling in the study of Torah with the devotion of his heart and soul will merit true and everlasting joy and happiness from the Torah. There is no comparison to it or imitation besides it. One who has this will need nothing else, as the Ran explains, *“Once the Torah shows you it’s true face, you will not desire any reward in this world, and you will be satisfied only and definitely through the Torah”*. We must overpower our evil inclination. We must be patient. We must eat, sleep, and relax properly in order to be able to learn Torah properly. Never forsake your learning. Why does one have a hard time when he first sits down to learn? Because a person is physical and the Torah is completely spiritual. One must subjugate his physical being and humble himself before the Torah in order that its spirituality enters his body. Continue learning page after page and you will realize that you are accomplishing and acquiring true feelings of joy and happiness. In the worlds above there is nothing else besides the joy of Torah. One who learns Torah will be granted access through all the heavenly gates, and anything he needs, both physically and spiritually, will be made available to him. May Hashem allow us the privilege and ability to toil in learning Torah, Amen.

Story: Baron Sir Moses Montefiore 1785-1885

When Moshe and his wife were not blessed with children of their own, they decided to devote their life’s work to worthy causes. Through marriage, Moshe was related to the wealthy Rothschild family. His wife’s sister was married to Natan Meir Rothschild, a successful English

businessman, of whom the traders referred to as the “cornerstone” of the London Stock Exchange and one of its founders. Trading in the shadows of the Rothschild House presented a significant breakthrough opportunity for Moshe's branching business, especially through his relations with the rich and the governors. It is noted that the legendary sums he distributed to the poor in his lifetime were much greater than those who possessed many times more than he. During the years of Napoleon's legendary wars, there was a great movement in the exchange of notes and bonds, and Moshe, who was in partnership with his brother-in-law Natan Meir Rothschild, invested in this area. Success shone brightly upon them. Noted for his great accomplishments in business and his very generous contributions to charity, Montefiore was appointed as a leader in the Sephardic community in London where, in fact, he began his work in public service, at the age of only thirty-five, in the year 1820. After Napoleon's defeat in 1825, he established the first life insurance company in England under the name “Alliance”, which functioned under his management.

Two Halachot: Posek Rav Mordechai Eliyahu

1 – One who goes up to the Torah for an Aliyah, as well as the Baal Koreh, cannot touch the Torah parchment directly, but rather should use his Talit or the kerchief that is on the Torah. After the reading, hold the Torah with your right hand while using the Talit or kerchief to cover with your left hand, and recite the blessing. The Maftir closes the Sefer before reciting the final blessing on the Torah.

2 –The Oleh and the Koreh both stand in awe and deference of the Torah, and do not lean on anything. If one is weak, he can lean just enough as necessary. If the Koreh is also the Oleh, then someone must stand in the spot of the Oleh during that Aliyah.

Laws: The Three Weeks

1 – There are many customs of mourning observed during the three weeks between the 17th of Tammuz until after the 9th of Av. One

may not listen to live music, or music played on tapes, CDs, and radio.

2 – Dancing is prohibited even without music during this time frame.

3 – Items that require the blessing of Shehechyanu (for example: new fruit or new clothing) should be avoided. However, Shehechyanu is recited for a Brit Milah and Pidyon HaBen. A new fruit may be used during those times with the blessing of Shehechyanu, and afterwards the fruit is eaten with its proper blessing.

4 – During Shabbat one may recite Shehechyanu on new fruit or new clothing. It is better to be strict.

5 – During the 9 days, from Rosh Chodesh Av until after the Ta'anit, joyous forms of business or transactions are decreased, for example: purchasing items for a wedding or for the house of newlyweds, as well as jewelry, new clothing, or new shoes.

6 – Some allow the purchase of furniture or electrical appliances (not for newlyweds). Those that are strict will be blessed.

7 – One may purchase jewelry, clothing, and furniture for a wedding only if it's possible that they will go up in price and he will end up paying more money if he waits.

8 – One may not paint his house during the nine days. If he began painting before Rosh Chodesh and will lose money on workers if he waits, he may finish the job.

9 – Sewing/tailoring new clothing during the nine days is forbidden.

Sponsors

*** **Rabbi Shlomo Zaafrani, his wife Stella, and their children.** Blessings and success for the entire family, Leilui Nishmat his uncle **Hacham Yitzchak Zaafrani Ben Latifah a"h**, Amen. *** **Mr. Yedidya Laniado, his wife Touni and their children.** Blessings and success for the entire family, Refuah Shelemah for his mother **Bahie Laniado Bat Esther**, Amen. *** **Mr. Victor Maleh, his wife Shirley, and their children.** Blessings and success for the entire family, Leilui Nishmat his father **Yehuda Aslan Ben Jamila a"h**, Amen. *** **Mr. Toby Dahab Abadi,**

his wife Kamo, and their children. Blessings and success for the entire family, Leilui Nishmat his father-in-law **Yehuda Aslan Ben Jamila a"h**, and Leilui Nishmat his aunt **Chana Bat Tera a"h**, Amen. *** **Mr. Farah Hamra, his wife Dina, and their children.** Blessings and success for the entire family, Leilui Nishmat **Yehuda Aslan Ben Jamila a"h**, Amen. *** **Mr. Farah Hamra, his wife Dina, and their children.** Blessings and success for the entire family, Mazal Tov to **Shlomo Khafif and his wife Eva**, on the engagement of **Avraham and Molly**, and Mazal Tov to **Zouki Metta and his wife Stella** on the marriage of their son **Eli**, Mabrouk, Amen. *** **Blessed siblings: Faraj, David, Clod, Edmon, Janett, Rina, Esther, Gila, Syma, and Evon of the Nahum Family.** Blessings and success for the entire family, Leilui Nishmat their mother **Ayala Gazalo Bat Rima a"h**, Amen. *** **Mrs. Sely Jajati and her children.** Blessings and success for the entire family, Leilui Nishmat their father **Yehuda Leon Ben Jamila a"h**, Amen. *** **The Shakalo family.** Blessings and success for the entire family, Leilui Nishmat their mother **Touni Mazal Bat Rachel a"h**, Amen. *** **Mrs. Frieda Hasbani Rabi and her children.** Blessings and success for the entire family, Leilui Nishmat their father **Nissim Sami Hasbani Ben Amilia a"h**, Amen. *** **Mr. Abboud Avraham, his wife Sabah, and their children: Naim, Yosef, Moshe, and Yonatan.** Blessings and success for the entire family, Leilui Nishmat their son who passed away at a young age **David Ben Sabah a"h**, Amen.

This week's sponsorship total is \$900. Weekly cost of production and distribution total is \$1300. Tizku L'Mitzvot, Amen!

Since we launched our newly designed website in April 2020, we already had **10,020** visitors!

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